

Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PIZZA,PEPPERONI,BELLA ROSA	1 EACH	1	340	40	670	3.00	1.80	400.0	750	6.0	4	19.0	31.0	16.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MARINARA SAUCE	1/2 CUP	1	60	0	490	2.00	1.08	20.0	500	9.0	5	2.0	9.0	2.0	0.00
CORN: canned, yellow	1/2 CUP	2	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
MANDARIN ORANGES,CND,	1/2 CUP	2	90	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			606	37	1059	7.00	3.06	771.8	1696	35.40	50	30.56	90.53	14.27	0.00
% of Calories											33.0%	20.2%	59.8%	21.2%	0.0%
Nutrient Guideline			550-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/11/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHICKEN SANDWICH W/BUN	1 EACH	1	393	25	736	6.04	3.63	120.6	0	0.0	4	21.19	44.21	15.18	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRIES: THIN CUT	2.38 OZ	1	120	0	180	2.00	0.48	11.5	37	5.56	0	2.0	19.0	4.5	0.00
SHREDDED LETTUCE	1/2 CUP	1	5	0	0	2.00	0.36	10.0	2000	1.2	1	0.5	0.5	0.0	0.00
TOMATOES, FRESH	1/2 CUP	1	14	0	4	1.00	0.18	5.0	625	9.6	2	0.5	3.0	0.0	0.00
PICKLES,DILL	1 oz	1	0	0	380	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEACHES, CANNED, IN PEAR JUICE	1/2 CUP	1	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
MAYONNAISE:individual PC	1 EA	1	70	5	45	0.00	0.00	0.0	0	0.0	0	0.0	0.0	7.0	0.00
MUSTARD: individual PC	1 EA	1	0	0	70	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			565	32	1084	6.48	2.50	605.3	2069	10.83	31	29.11	72.37	17.60	0.00
% of Calories											22.2%	20.6%	51.2%	28.0%	0.0%
Nutrient Guideline			550-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF CRUMBLE TOSTADA	(4 OZ) SE	1	323	3	464	0.71	3.38	43.1	709	0.0	1	23.4	17.2	17.09	0.00
	RVING														
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
REFRIED BEANS, NO FAT	1/2 cup	2	114	0	140	7.00	1.08	20.0	0	0.0	2	7.0	19.0	0.74	0.00
SOUR CREAM	2 TBSP	1	58	19	19	0.00	0.00	38.3	192	0.0	0	0.96	0.96	5.75	0.00
LETTUCE/ROMAINE	1/2 cup	1	4	0	2	0.84	0.30	8.4	2056	5.54	0	0.0	0.84	0.0	0.00
JALAPENOS	3 TBSP	1	5	0	262	0.26	0.00	0.0	0	0.0	0	0.19	0.72	0.0	0.00
SALSA; LOW SODIUM	1 OZ	1	5	0	35	0.00	0.00	0.0	100	3.6	1	0.0	1.0	0.0	0.00
SUNCUP APPLE CHERRY JUICE	1 EACH	1	60	0	5	0.00	0.00	0.0	0	0.0	12	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			582	28	907	8.41	3.10	596.7	2130	6.67	33	35.83	70.39	16.42	0.00
% of Calories											22.4%	24.6%	48.4%	25.4%	0.0%
Nutrient Guideline			550-650		1230										

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Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/13/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MEATBALL SUB	(5 EA) SE	1	349	38	592	3.92	4.10	88.3	687	15.49	9	18.93	41.31	12.01	0.60
OR	RVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE SHREDDED MOZZARELLA	1 OZ	1	86	18	193	0.00	0.07	203.0	240	0.0	1	6.7	2.28	5.59	0.20
CARROTS/FRESH SHREDDED	1/2 CUP	2	23	0	38	1.54	0.16	18.1	9188	3.24	3	0.51	5.27	0.13	0.00
SPINACH; RAW	1/2 CUP	2	3	0	12	0.42	0.38	16.9	1373	4.44	0	0.42	0.63	0.0	0.00
RANCH DRESSING	1 oz	2	55	13	190	0.00	0.00	14.6	21	0.1	1	0.42	1.84	5.14	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			587	58	1006	5.63	2.81	736.4	11694	18.18	43	30.72	76.09	18.34	0.40
% of Calories											29.2%	20.9%	51.9%	28.1%	0.6%
Nutrient Guideline			550-650		1230										

Mon - 04/16/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHICKEN POPCORN WG	3.08 OZ	1	207	47	400	2.00	2.00	16.0	112	1.0	1	14.0	13.0	11.0	0.00
OR	servicing	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRIES: THIN CUT	2.38 OZ	2	120	0	180	2.00	0.48	11.5	37	5.56	0	2.0	19.0	4.5	0.00
LETTUCE/ROMAINE	1/2 cup	2	4	0	2	0.84	0.30	8.4	2056	5.54	0	0.0	0.84	0.0	0.00
RANCH DRESSING	1 oz	2	55	13	190	0.00	0.00	14.6	21	0.1	1	0.42	1.84	5.14	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	2	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

Page 5

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			586	54	951	5.73	2.32	574.3	3069	16.19	38	26.44	77.63	19.41	0.00
% of Calories											25.6%	18.0%	53.0%	29.8%	0.0%
Nutrient Guideline			550-650		1230										

Tue - 04/17/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEAN & CHEESE BURRITO	1 EA	1	397	16	447	9.00	1.57	312.0	216	1.4	1	18.5	56.0	11.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	2	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
SALSA VERDE:grn	2tbs	1	5	0	200	1.00	0.00	0.0	100	0.0	1	0.0	1.0	0.0	0.00
SOUR CREAM	2 TBSP	1	58	19	19	0.00	0.00	38.3	192	0.0	0	0.96	0.96	5.75	0.00
CARROT STICKS	1/2 cup	1	26	0	44	1.79	0.19	21.1	10692	3.78	3	0.6	6.13	0.15	0.00
RANCH DRESSING	1 oz	1	55	13	190	0.00	0.00	14.6	21	0.1	1	0.42	1.84	5.14	0.00
PINEAPPLE TIDBITS	1/2 CUP	2	70	0	10	1.00	0.72	0.0	70	6.0	14	0.0	17.0	0.0	0.00
MINI CHOC CHIP COOKIE (NEW)	1 EACH	1	124	4	91	1.57	0.53	5.1	6	0.0	9	2.05	18.94	5.36	*N/A*
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			708	43	895	10.18	2.77	727.4	6304	14.34	48	29.82	107.97	18.97	*0.00
% of Calories											27.0%	16.8%	61.0%	24.1%	*0.0%
Nutrient Guideline			550-650		1230										

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/18/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
POTATO WEDGES, LOW SODIU	1/2 CUP	2	84	0	100	2.00	0.00	0.0	0	0.0	1	2.0	19.0	0.0	0.00
BAKED BEANS	1/2 CUP	2	123	0	482	5.74	1.73	60.3	101	0.12	5	6.73	24.1	0.01	0.00
SHREDDED LETTUCE	1/2 CUP	2	5	0	0	2.00	0.36	10.0	2000	1.2	1	0.5	0.5	0.0	0.00
PICKLES, DILL	1 oz	2	0	0	380	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			669	34	1595	16.39	4.14	673.9	2845	20.32	48	34.85	113.23	9.38	0.00
% of Calories											28.7%	20.8%	67.7%	12.6%	0.0%
Nutrient Guideline			550-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/19/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
KOREAN BBQ CHICKEN	(2.8 oz) E ACH	1	145	80	500	0.00	0.72	0.0	0	0.0	9	14.0	11.0	5.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ASIAN RICE	1 CUP	2	145	0	77	1.80	0.82	60.0	125	0.0	1	3.27	29.39	1.63	0.25
COOKED BROCCOLI	1/2 CUP	2	49	2	28	3.24	0.58	48.6	445	97.2	0	3.24	7.29	0.81	0.00
COOKED CARROTS	1/2 CUP	1	41	2	132	2.81	0.34	18.8	12697	0.0	4	0.94	7.5	0.81	0.00
GREEN APPLE	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			608	61	795	11.95	2.47	669.7	7620	111.30	47 31.2%	30.53 20.1%	101.47 66.8%	9.61 14.2%	0.25 0.4%
Nutrient Guideline			550-650		1230										

Fri - 04/20/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE STUFFED STICKS	2 EACH	1	300	25	490	3.00	1.80	400.0	200	0.0	4	20.0	30.0	11.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
CHEESE, STRING WITH	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
MARINARA SAUCE	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	2	60	0	490	2.00	1.08	20.0	500	9.0	5	2.0	9.0	2.0	0.00
CELERY STICKS	1/2 CUP	2	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
RANCH DRESSING	1/2 cup	2	11	0	53	1.41	0.13	28.2	282	1.69	1	0.71	2.12	0.0	0.00
PEACHES, CANNED, IN PEAR JUICE	1 oz	2	55	13	190	0.00	0.00	14.6	21	0.1	1	0.42	1.84	5.14	0.00
MILK, 1% w/vit A&D	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
MILK, NON FAT CHOC	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
Weighted Daily Average % of Calories	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Nutrient Guideline			550-650		1230										
			629	43	1372	8.33	3.01	794.6	1799	17.59	45 28.4%	32.59 20.7%	87.47 55.6%	17.91 25.6%	0.00 0.0%

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/23/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHICKEN TENDERS, TYSON	3 ea	1	260	25	390	3.00	1.80	40.0	100	0.0	1	15.0	16.0	15.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BISCUIT, MINI	1 EACH	1	100	0	230	1.00	0.36	80.0	5	0.0	1	2.0	13.0	5.0	0.00
MASHED POTATOES	1/2 CUP	1	82	0	255	1.02	0.19	7.3	2	6.51	1	2.04	15.31	1.53	0.00
GRAVY, BROWN	1/4 CUP	1	2	0	38	0.00	0.00	4.7	0	0.0	*N/A*	0.0	0.47	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
PEARS: canned, light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			527	30	905	5.84	1.72	607.8	860	6.56	*37	26.58	72.55	15.03	0.00
% of Calories											*27.9%	20.2%	55.0%	25.7%	0.0%
Nutrient Guideline			550-650		1230										

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/24/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF AND CHEESE CHALUPA	1 EACH	1	244	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
REFRIED BEANS, NO FAT	1/2 cup	1	114	0	140	7.00	1.08	20.0	0	0.0	2	7.0	19.0	0.74	0.00
LETTUCE/ROMAINE	1/2 cup	2	4	0	2	0.84	0.30	8.4	2056	5.54	0	0.0	0.84	0.0	0.00
TOMATOES, FRESH	1/2 CUP	2	14	0	4	1.00	0.18	5.0	625	9.6	2	0.5	3.0	0.0	0.00
SOUR CREAM	2 TBSP	1	58	19	19	0.00	0.00	38.3	192	0.0	0	0.96	0.96	5.75	0.00
JALAPENOS	3 TBSP	1	5	0	262	0.26	0.00	0.0	0	0.0	0	0.19	0.72	0.0	0.00
SALSA; LOW SODIUM	1 OZ	2	5	0	35	0.00	0.00	0.0	100	3.6	1	0.0	1.0	0.0	0.00
MANDARIN ORANGES,CND,	1/2 CUP	2	90	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			564	49	847	7.13	1.98	767.9	3926	41.96	46	30.27	74.30	14.48	0.00
% of Calories											32.6%	21.5%	52.7%	23.1%	0.0%
Nutrient Guideline			550-650		1230										

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/25/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF STEAK HAMBURGER RECIPE	1 EACH	1	308	56	689	3.10	3.50	88.0	0	0.0	3	23.9	29.6	11.4	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRENCH FRIES;CRINKLE CUT	2.54 OZ	2	110	0	20	2.00	0.36	0.0	0	4.8	0	2.0	17.0	2.5	0.00
SHREDDED LETTUCE	1/2 CUP	1	5	0	0	2.00	0.36	10.0	2000	1.2	1	0.5	0.5	0.0	0.00
TOMATOES, FRESH	1/2 CUP	1	14	0	4	1.00	0.18	5.0	625	9.6	2	0.5	3.0	0.0	0.00
PICKLES,DILL	1 oz	1	0	0	380	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MAYONNAISE:individual PC	1 EA	1	70	5	45	0.00	0.00	0.0	0	0.0	0	0.0	0.0	7.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			594	48	993	8.05	2.74	593.3	1966	18.30	35	31.01	79.09	15.97	0.00
% of Calories											23.8%	20.9%	53.3%	24.2%	0.0%
Nutrient Guideline			550-650		1230										

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MAC & CHEESE:Land O Lakes,W	6 oz	1	290	30	1030	1.00	1.08	400.0	750	1.2	6	16.0	33.0	11.0	0.00
BREADSTICKS, WG, GALASSOS	1 EACH	1	120	0	250	3.00	0.72	80.0	0	2.4	1	6.0	24.0	1.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
COOKED BROCCOLI	1/2 CUP	2	49	2	28	3.24	0.58	48.6	445	97.2	0	3.24	7.29	0.81	0.00
SPINACH; RAW	1/2 CUP	2	3	0	12	0.42	0.38	16.9	1373	4.44	0	0.42	0.63	0.0	0.00
RANCH DRESSING	1 oz	1	55	13	190	0.00	0.00	14.6	21	0.1	1	0.42	1.84	5.14	0.00
PINEAPPLE TIDBITS	1/2 CUP	2	70	0	10	1.00	0.72	0.0	70	6.0	14	0.0	17.0	0.0	0.00
BROWNIE BITE, WG CHOC CHIP	1 EA	1	100	0	105	1.00	1.08	19.9	50	0.0	10	1.0	17.93	2.99	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			645	41	1211	7.66	3.30	854.5	2900	111.58	46	31.92	96.84	15.14	0.00
% of Calories											28.7%	19.8%	60.1%	21.1%	0.0%
Nutrient Guideline			550-650		1230										

Fri - 04/27/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PIZZA STICK, WG:BOSCO	1 EACH	1	240	25	500	3.00	1.80	150.0	400	3.6	3	11.0	29.0	9.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MARINARA SAUCE	1/2 CUP	2	60	0	490	2.00	1.08	20.0	500	9.0	5	2.0	9.0	2.0	0.00
CARROT STICKS	1/2 cup	2	26	0	44	1.79	0.19	21.1	10692	3.78	3	0.6	6.13	0.15	0.00
RANCH DRESSING	1 oz	2	55	13	190	0.00	0.00	14.6	21	0.1	1	0.42	1.84	5.14	0.00
CINNAMON APPLESAUCE	(4 OZ) SE	2	53	0	0	1.61	0.05	15.7	52	0.62	12	0.02	14.51	0.01	0.00
	RVING														
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			555	43	1348	7.40	2.40	678.2	12066	17.40	46	25.09	79.52	16.07	0.00
% of Calories											32.9%	18.1%	57.3%	26.1%	0.0%
Nutrient Guideline			550-650		1230										

Mon - 04/30/2018															
ELEM LUNCH OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHICKEN STICKS/ TYSON	8 EA	1	260	25	390	3.00	1.80	40.0	100	0.0	1	15.0	16.0	15.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DANNON 4 OZ	1 EACH	1	80	5	65	0.00	0.00	150.5	0	0.0	13	4.01	16.06	0.0	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TATER TOTS; OREIDA	1/2 CUP	1	150	0	360	2.00	0.36	0.0	0	3.6	0	2.0	19.0	7.0	0.00
CORN: canned, yellow	1/2 CUP	2	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
GREEN BEANS: canned	1/2 cup	2	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
BARBEQUE SAUCE	1 EACH	1	15	0	88	0.00	0.00	0.0	10	0.0	2	0.0	4.12	0.0	0.00
ORANGE	1 EACH	2	62	0	0	3.10	0.00	50.0	250	69.6	12	1.2	15.0	0.2	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			605	30	988	10.10	2.70	621.8	1229	79.50	43	29.26	88.09	16.47	0.00
% of Calories											28.1%	19.3%	58.2%	24.5%	0.0%
Nutrient Guideline			550-650		1230										

Weighted Average			602	42	1064	8.42	2.73	684.9	4145	35.07	*42	30.31	85.84	15.67	*0.04
											*63.3%	20.1%	57.0%	23.4%	*0.1%

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Adelanto Child Nutrition

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

ELEM LUNCH OVS

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	602		550 - 650	100%												
Cholesterol (mg)	42															
Sodium (mg)	1064		1230													
Fiber (g)	8.42															
Iron (mg)	2.73															
Calcium (mg)	684.9															
Vitamin A (IU)	4145															
Sugars (g)	42	28.13%				Missing										
Vitamin C (mg)	35.07															
Protein (g)	30.31	20.14%														
Carbohydrate (g)	85.84	57.04%														
Total Fat (g)	15.67	23.43%														
Trans Fat ¹ (g)	0.04	0.06%				Missing										

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