

# Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-------------------------|
| Wed - 08/09/2017       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| FFVP                   | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| BANANA                 | 1 EACH       | 1         | 110         | 0           | 1         | 4.00      | 0.00      | 0.0        | 40         | 9.0        | 21         | 1.0       | 29.0     | 0.0       | 0.00                    |
| Signature of Server    | 1 each       | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00                    |
| Weighted Daily Average |              |           | 110         | 0           | 1         | 4.00      | 0.00      | 0.0        | 40         | 9.00       | 21         | 1.00      | 29.00    | 0.00      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | 76.4%      | 3.6%      | 105.5%   | 0.0%      | 0.0%                    |
| Nutrient Guideline     |              |           | 0           |             |           |           |           |            |            |            |            |           |          |           |                         |

|                        |        |   |    |   |    |      |      |      |       |      |       |      |       |      |      |
|------------------------|--------|---|----|---|----|------|------|------|-------|------|-------|------|-------|------|------|
| Thu - 08/10/2017       |        |   |    |   |    |      |      |      |       |      |       |      |       |      |      |
| FFVP                   | Total  | 1 |    |   |    |      |      |      |       |      |       |      |       |      |      |
| CARROTS,BABY,RAW       | 2 oz   | 1 | 30 | 0 | 66 | 2.47 | 0.76 | 27.2 | 11722 | 2.21 | 4     | 0.54 | 7.0   | 0.11 | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0  | 0.00 | 0.00 | 0.0  | 0     | 0.0  | 0     | 0.0  | 0.0   | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 30 | 0 | 66 | 2.47 | 0.76 | 27.2 | 11722 | 2.21 | 4     | 0.54 | 7.00  | 0.11 | 0.00 |
| % of Calories          |        |   |    |   |    |      |      |      |       |      | 54.4% | 7.3% | 94.2% | 3.3% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |    |      |      |      |       |      |       |      |       |      |      |

|                        |        |   |    |   |   |      |      |      |     |       |       |      |        |      |      |
|------------------------|--------|---|----|---|---|------|------|------|-----|-------|-------|------|--------|------|------|
| Fri - 08/11/2017       |        |   |    |   |   |      |      |      |     |       |       |      |        |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |      |     |       |       |      |        |      |      |
| APPLE Fresh            | 1 EACH | 1 | 80 | 0 | 0 | 5.00 | 0.36 | 20.0 | 100 | 12.0  | 17    | 0.0  | 22.0   | 0.0  | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0  | 0   | 0.0   | 0     | 0.0  | 0.0    | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 80 | 0 | 0 | 5.00 | 0.36 | 20.0 | 100 | 12.00 | 17    | 0.00 | 22.00  | 0.00 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |      |     |       | 85.0% | 0.0% | 110.0% | 0.0% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |      |     |       |       |      |        |      |      |

|                        |        |   |    |   |   |      |      |      |    |      |       |      |        |      |      |
|------------------------|--------|---|----|---|---|------|------|------|----|------|-------|------|--------|------|------|
| Mon - 08/14/2017       |        |   |    |   |   |      |      |      |    |      |       |      |        |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |      |    |      |       |      |        |      |      |
| PEARS,FRESH            | 1 EACH | 1 | 96 | 0 | 2 | 5.15 | 0.28 | 14.9 | 38 | 6.97 | 16    | 0.63 | 25.66  | 0.2  | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0  | 0  | 0.0  | 0     | 0.0  | 0.0    | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 96 | 0 | 2 | 5.15 | 0.28 | 14.9 | 38 | 6.97 | 16    | 0.63 | 25.66  | 0.20 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |      |    |      | 67.2% | 2.6% | 106.6% | 1.9% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |      |    |      |       |      |        |      |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-------------------------|
| Tue - 08/15/2017       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| FFVP                   | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| APPLE Fresh            | 1 EACH       | 1         | 80          | 0           | 0         | 5.00      | 0.36      | 20.0       | 100        | 12.0       | 17         | 0.0       | 22.0     | 0.0       | 0.00                    |
| Signature of Server    | 1 each       | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00                    |
| Weighted Daily Average |              |           | 80          | 0           | 0         | 5.00      | 0.36      | 20.0       | 100        | 12.00      | 17         | 0.00      | 22.00    | 0.00      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | 85.0%      | 0.0%      | 110.0%   | 0.0%      | 0.0%                    |
| Nutrient Guideline     |              |           | 0           |             |           |           |           |            |            |            |            |           |          |           |                         |

|                        |        |   |    |   |   |      |      |     |     |      |       |      |       |      |      |
|------------------------|--------|---|----|---|---|------|------|-----|-----|------|-------|------|-------|------|------|
| Wed - 08/16/2017       |        |   |    |   |   |      |      |     |     |      |       |      |       |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |     |     |      |       |      |       |      |      |
| NECTARINES,FRESH       | 1 EACH | 1 | 60 | 0 | 0 | 2.31 | 0.38 | 8.2 | 452 | 7.34 | 11    | 1.44 | 14.35 | 0.44 | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0 | 0   | 0.0  | 0     | 0.0  | 0.0   | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 60 | 0 | 0 | 2.31 | 0.38 | 8.2 | 452 | 7.34 | 11    | 1.44 | 14.35 | 0.44 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |     |     |      | 71.7% | 9.6% | 95.9% | 6.5% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |     |     |      |       |      |       |      |      |

|                        |        |   |    |   |    |      |      |      |       |      |       |      |       |      |      |
|------------------------|--------|---|----|---|----|------|------|------|-------|------|-------|------|-------|------|------|
| Thu - 08/17/2017       |        |   |    |   |    |      |      |      |       |      |       |      |       |      |      |
| FFVP                   | Total  | 1 |    |   |    |      |      |      |       |      |       |      |       |      |      |
| CARROTS,BABY,RAW       | 2 oz   | 1 | 30 | 0 | 66 | 2.47 | 0.76 | 27.2 | 11722 | 2.21 | 4     | 0.54 | 7.0   | 0.11 | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0  | 0.00 | 0.00 | 0.0  | 0     | 0.0  | 0     | 0.0  | 0.0   | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 30 | 0 | 66 | 2.47 | 0.76 | 27.2 | 11722 | 2.21 | 4     | 0.54 | 7.00  | 0.11 | 0.00 |
| % of Calories          |        |   |    |   |    |      |      |      |       |      | 54.4% | 7.3% | 94.2% | 3.3% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |    |      |      |      |       |      |       |      |       |      |      |

|                        |        |   |     |   |   |      |      |     |    |      |       |      |        |      |      |
|------------------------|--------|---|-----|---|---|------|------|-----|----|------|-------|------|--------|------|------|
| Fri - 08/18/2017       |        |   |     |   |   |      |      |     |    |      |       |      |        |      |      |
| FFVP                   | Total  | 1 |     |   |   |      |      |     |    |      |       |      |        |      |      |
| BANANA                 | 1 EACH | 1 | 110 | 0 | 1 | 4.00 | 0.00 | 0.0 | 40 | 9.0  | 21    | 1.0  | 29.0   | 0.0  | 0.00 |
| Signature of Server    | 1 each | 1 | 0   | 0 | 0 | 0.00 | 0.00 | 0.0 | 0  | 0.0  | 0     | 0.0  | 0.0    | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 110 | 0 | 1 | 4.00 | 0.00 | 0.0 | 40 | 9.00 | 21    | 1.00 | 29.00  | 0.00 | 0.00 |
| % of Calories          |        |   |     |   |   |      |      |     |    |      | 76.4% | 3.6% | 105.5% | 0.0% | 0.0% |
| Nutrient Guideline     |        |   | 0   |   |   |      |      |     |    |      |       |      |        |      |      |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-------------------------|
| Mon - 08/21/2017       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| FFVP                   | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| APPLE Fresh            | 1 EACH       | 1         | 80          | 0           | 0         | 5.00      | 0.36      | 20.0       | 100        | 12.0       | 17         | 0.0       | 22.0     | 0.0       | 0.00                    |
| Signature of Server    | 1 each       | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00                    |
| Weighted Daily Average |              |           | 80          | 0           | 0         | 5.00      | 0.36      | 20.0       | 100        | 12.00      | 17         | 0.00      | 22.00    | 0.00      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | 85.0%      | 0.0%      | 110.0%   | 0.0%      | 0.0%                    |
| Nutrient Guideline     |              |           | 0           |             |           |           |           |            |            |            |            |           |          |           |                         |

|                        |        |   |    |   |   |      |      |      |    |      |       |      |        |      |      |
|------------------------|--------|---|----|---|---|------|------|------|----|------|-------|------|--------|------|------|
| Tue - 08/22/2017       |        |   |    |   |   |      |      |      |    |      |       |      |        |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |      |    |      |       |      |        |      |      |
| PEARS,FRESH            | 1 EACH | 1 | 96 | 0 | 2 | 5.15 | 0.28 | 14.9 | 38 | 6.97 | 16    | 0.63 | 25.66  | 0.2  | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0  | 0  | 0.0  | 0     | 0.0  | 0.0    | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 96 | 0 | 2 | 5.15 | 0.28 | 14.9 | 38 | 6.97 | 16    | 0.63 | 25.66  | 0.20 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |      |    |      | 67.2% | 2.6% | 106.6% | 1.9% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |      |    |      |       |      |        |      |      |

|                        |        |   |    |   |   |      |      |     |     |      |       |      |       |      |      |
|------------------------|--------|---|----|---|---|------|------|-----|-----|------|-------|------|-------|------|------|
| Wed - 08/23/2017       |        |   |    |   |   |      |      |     |     |      |       |      |       |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |     |     |      |       |      |       |      |      |
| NECTARINES,FRESH       | 1 EACH | 1 | 60 | 0 | 0 | 2.31 | 0.38 | 8.2 | 452 | 7.34 | 11    | 1.44 | 14.35 | 0.44 | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0 | 0   | 0.0  | 0     | 0.0  | 0.0   | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 60 | 0 | 0 | 2.31 | 0.38 | 8.2 | 452 | 7.34 | 11    | 1.44 | 14.35 | 0.44 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |     |     |      | 71.7% | 9.6% | 95.9% | 6.5% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |     |     |      |       |      |       |      |      |

|                        |        |   |    |   |    |      |      |      |       |      |       |      |       |      |      |
|------------------------|--------|---|----|---|----|------|------|------|-------|------|-------|------|-------|------|------|
| Thu - 08/24/2017       |        |   |    |   |    |      |      |      |       |      |       |      |       |      |      |
| FFVP                   | Total  | 1 |    |   |    |      |      |      |       |      |       |      |       |      |      |
| CARROTS,BABY,RAW       | 2 oz   | 1 | 30 | 0 | 66 | 2.47 | 0.76 | 27.2 | 11722 | 2.21 | 4     | 0.54 | 7.0   | 0.11 | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0  | 0.00 | 0.00 | 0.0  | 0     | 0.0  | 0     | 0.0  | 0.0   | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 30 | 0 | 66 | 2.47 | 0.76 | 27.2 | 11722 | 2.21 | 4     | 0.54 | 7.00  | 0.11 | 0.00 |
| % of Calories          |        |   |    |   |    |      |      |      |       |      | 54.4% | 7.3% | 94.2% | 3.3% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |    |      |      |      |       |      |       |      |       |      |      |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

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|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-------------------------|
| Fri - 08/25/2017       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| FFVP                   | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |                         |
| BANANA                 | 1 EACH       | 1         | 110         | 0           | 1         | 4.00      | 0.00      | 0.0        | 40         | 9.0        | 21         | 1.0       | 29.0     | 0.0       | 0.00                    |
| Signature of Server    | 1 each       | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00                    |
| Weighted Daily Average |              |           | 110         | 0           | 1         | 4.00      | 0.00      | 0.0        | 40         | 9.00       | 21         | 1.00      | 29.00    | 0.00      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | 76.4%      | 3.6%      | 105.5%   | 0.0%      | 0.0%                    |
| Nutrient Guideline     |              |           | 0           |             |           |           |           |            |            |            |            |           |          |           |                         |

|                        |        |   |    |   |   |      |      |      |     |       |       |      |        |      |      |
|------------------------|--------|---|----|---|---|------|------|------|-----|-------|-------|------|--------|------|------|
| Mon - 08/28/2017       |        |   |    |   |   |      |      |      |     |       |       |      |        |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |      |     |       |       |      |        |      |      |
| APPLE Fresh            | 1 EACH | 1 | 80 | 0 | 0 | 5.00 | 0.36 | 20.0 | 100 | 12.0  | 17    | 0.0  | 22.0   | 0.0  | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0  | 0   | 0.0   | 0     | 0.0  | 0.0    | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 80 | 0 | 0 | 5.00 | 0.36 | 20.0 | 100 | 12.00 | 17    | 0.00 | 22.00  | 0.00 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |      |     |       | 85.0% | 0.0% | 110.0% | 0.0% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |      |     |       |       |      |        |      |      |

|                        |        |   |    |   |   |      |      |      |    |      |       |      |        |      |      |
|------------------------|--------|---|----|---|---|------|------|------|----|------|-------|------|--------|------|------|
| Tue - 08/29/2017       |        |   |    |   |   |      |      |      |    |      |       |      |        |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |      |    |      |       |      |        |      |      |
| PEARS,FRESH            | 1 EACH | 1 | 96 | 0 | 2 | 5.15 | 0.28 | 14.9 | 38 | 6.97 | 16    | 0.63 | 25.66  | 0.2  | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0  | 0  | 0.0  | 0     | 0.0  | 0.0    | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 96 | 0 | 2 | 5.15 | 0.28 | 14.9 | 38 | 6.97 | 16    | 0.63 | 25.66  | 0.20 | 0.00 |
| % of Calories          |        |   |    |   |   |      |      |      |    |      | 67.2% | 2.6% | 106.6% | 1.9% | 0.0% |
| Nutrient Guideline     |        |   | 0  |   |   |      |      |      |    |      |       |      |        |      |      |

|                        |        |   |    |   |   |      |      |     |     |      |       |      |       |      |      |
|------------------------|--------|---|----|---|---|------|------|-----|-----|------|-------|------|-------|------|------|
| Wed - 08/30/2017       |        |   |    |   |   |      |      |     |     |      |       |      |       |      |      |
| FFVP                   | Total  | 1 |    |   |   |      |      |     |     |      |       |      |       |      |      |
| NECTARINES,FRESH       | 1 EACH | 1 | 60 | 0 | 0 | 2.31 | 0.38 | 8.2 | 452 | 7.34 | 11    | 1.44 | 14.35 | 0.44 | 0.00 |
| Signature of Server    | 1 each | 1 | 0  | 0 | 0 | 0.00 | 0.00 | 0.0 | 0   | 0.0  | 0     | 0.0  | 0.0   | 0.0  | 0.00 |
| Weighted Daily Average |        |   | 60 | 0 | 0 | 2.31 | 0.38 | 8.2 | 452 | 7.34 | 11    | 1.44 | 14.35 | 0.44 | 0.00 |
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|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-------------------------|
| Thu - 08/31/2017       |              |           |             |             |           |           |           |           |            |            |            |           |          |           |                         |
| FFVP                   | Total        | 1         |             |             |           |           |           |           |            |            |            |           |          |           |                         |
| CARROTS,BABY,RAW       | 2 oz         | 1         | 30          | 0           | 66        | 2.47      | 0.76      | 27.2      | 11722      | 2.21       | 4          | 0.54      | 7.0      | 0.11      | 0.00                    |
| Signature of Server    | 1 each       | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00                    |
| Weighted Daily Average |              |           | 30          | 0           | 66        | 2.47      | 0.76      | 27.2      | 11722      | 2.21       | 4          | 0.54      | 7.00     | 0.11      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |           |            |            | 54.4%      | 7.3%      | 94.2%    | 3.3%      | 0.0%                    |
| Nutrient Guideline     |              |           | 0           |             |           |           |           |           |            |            |            |           |          |           |                         |

|                  |  |  |    |   |    |      |      |      |      |      |              |              |                 |              |              |
|------------------|--|--|----|---|----|------|------|------|------|------|--------------|--------------|-----------------|--------------|--------------|
| Weighted Average |  |  | 73 | 0 | 16 | 3.78 | 0.38 | 15.2 | 2875 | 7.46 | 13<br>165.8% | 0.67<br>3.7% | 19.00<br>104.4% | 0.14<br>1.7% | 0.00<br>0.0% |
|------------------|--|--|----|---|----|------|------|------|------|------|--------------|--------------|-----------------|--------------|--------------|

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories                   | 73       |           | 0             |             |           |           |         |                         |
| Cholesterol (mg)           | 0        |           |               |             |           |           |         |                         |
| Sodium (mg)                | 16       |           |               |             |           |           | 16      |                         |
| Fiber (g)                  | 3.78     |           |               |             |           |           |         |                         |
| Iron (mg)                  | 0.38     |           |               |             |           |           |         |                         |
| Calcium (mg)               | 15.2     |           |               |             |           |           |         |                         |
| Vitamin A (IU)             | 2875     |           |               |             |           |           |         |                         |
| Sugars (g)                 | 13       | 73.68%    |               |             |           |           |         |                         |
| Vitamin C (mg)             | 7.46     |           |               |             |           |           |         |                         |
| Protein (g)                | 0.67     | 3.68%     |               |             |           |           |         |                         |
| Carbohydrate (g)           | 19.00    | 104.43%   |               |             |           |           |         |                         |
| Total Fat (g)              | 0.14     | 1.71%     |               |             |           |           |         |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%     |               |             |           |           |         |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.