

Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 1

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/09/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BAR, HONEY WHEA	2.5 oz	1	205	13	196	1.79	1.29	89.3	67	0.0	13	3.57	34.82	6.25	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
PEACHES, CANNED, IN PEAR JU	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
ICE															
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			410	19	444	4.64	2.89	541.1	1214	6.20	48	16.75	74.02	6.39	0.00
% of Calories											46.6%	16.3%	72.1%	14.0%	0.0%
Nutrient Guideline			400-500		540										

Thu - 08/10/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APRICOTS, DICED	1/2 CUP	2	60	0	10	0.00	0.00	0.0	0	0.0	11	0.0	14.0	0.0	0.00
RAISINS	BOX	2	120	0	5	2.00	1.08	20.0	135	0.0	27	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			479	26	554	3.80	3.88	523.0	988	5.10	64	19.55	86.00	6.26	0.00
% of Calories											53.7%	16.3%	71.8%	11.8%	0.0%
Nutrient Guideline			400-500		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 2

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/11/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG CHOC CHIP	1 EA	1	249	26	110	2.60	1.00	6.0	49	0.1	19	2.8	41.5	7.9	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	2	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			447	26	401	5.52	3.11	499.5	1229	7.54	54	15.92	82.30	7.22	0.00
% of Calories											48.6%	14.2%	73.6%	14.5%	0.0%
Nutrient Guideline			400-500		540										

Mon - 08/14/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PAN DULCE;VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			432	10	394	3.71	9.90	464.3	1146	38.66	58	14.50	85.51	5.25	0.00
% of Calories											53.3%	13.4%	79.1%	10.9%	0.0%
Nutrient Guideline			400-500		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 3

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/15/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG & CHEESE SAND, WG BUN	1 EACH	1	162	71	283	2.02	1.09	80.8	303	9.08	4	6.06	19.18	7.07	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			421	43	496	4.34	9.55	465.4	1281	42.64	56	14.03	80.72	5.78	0.00
% of Calories											53.7%	13.3%	76.8%	12.4%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/16/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN; DOUBLE CHOC WG	1 EACH	1	227	30	124	3.08	0.99	3.5	47	0.2	18	3.77	39.69	5.95	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
APPLE Fresh	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			484	22	412	8.04	9.86	446.7	1198	50.20	70	12.88	98.34	5.23	0.00
% of Calories											57.6%	10.7%	81.3%	9.7%	0.0%
Nutrient Guideline			400-500		540										

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Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 4

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/17/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFUL, CINNAMON	1 EACH	1	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	41.0	6.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
BANANA	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			515	13	440	6.50	9.72	445.0	1190	47.10	70	16.00	105.00	5.25	0.00
% of Calories											54.4%	12.4%	81.6%	9.2%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/18/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
PEARS, FRESH	1 EACH	2	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			460	20	536	7.35	9.83	492.4	1161	45.07	61	16.53	89.71	5.55	0.00
% of Calories											53.0%	14.4%	78.0%	10.9%	0.0%
Nutrient Guideline			400-500		540										

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Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 5

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/21/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WAFFLES;MINI;BLUEBERRY SPL	1 EACH	1	210	0	170	3.00	0.72	20.0	0	0.0	12	4.0	37.0	6.0	0.00
ASH	OR														
	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			413	13	435	3.71	2.61	525.8	998	35.66	52	17.05	76.52	6.27	0.00
% of Calories											50.5%	16.5%	74.1%	13.7%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/22/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			409	26	559	3.63	2.80	503.0	983	35.10	52	18.55	72.63	6.26	0.00
% of Calories											51.1%	18.1%	71.0%	13.8%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 6

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/23/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST PIZZA, WG SAUSAG	1 EACH	1	210	15	480	3.00	1.80	150.0	300	0.0	8	10.0	27.0	8.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
APPLE Fresh	EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			450	20	591	7.50	3.51	591.5	1176	47.10	57	19.05	81.51	7.27	0.00
% of Calories											50.6%	16.9%	72.4%	14.5%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/24/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SAUSAGE MUFFIN	1 EACH	1	232	14	608	2.10	1.51	172.5	173	0.0	2	14.06	25.2	9.2	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
BANANA	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			487	19	655	6.05	3.00	592.7	1078	44.10	57	23.08	86.61	7.87	0.00
% of Calories											46.7%	19.0%	71.2%	14.5%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 7

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/25/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CINNAMON ROLL	1 EACH	1	300	5	270	3.00	1.08	900.0	4500	1.2	24	5.0	54.0	8.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
PEARS,FRESH	1 EACH	2	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			507	15	488	7.65	3.07	961.4	3214	42.67	64	17.18	98.67	7.46	0.00
% of Calories											50.7%	13.6%	77.9%	13.3%	0.0%
Nutrient Guideline			400-500		540										

Mon - 08/28/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRENCH TST STKS, WG	3.0 OZ	1	220	115	330	3.00	1.80	80.0	200	3.6	5	9.0	30.0	8.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			442	65	514	4.21	9.90	484.3	1246	40.46	56	16.50	83.51	6.25	0.00
% of Calories											50.8%	14.9%	75.5%	12.7%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 8

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/29/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY WITH	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
APPLE JUICE	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS: canned,light syrup	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, NON FAT CHOC	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			418	20	539	4.03	9.55	477.5	1178	38.10	56	15.90	78.68	5.35	0.00
% of Calories											53.3%	15.2%	75.2%	11.5%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/30/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TRIPLE BERRY CRUNCH BAR	1 EACH	1	260	0	125	3.00	1.44	20.0	80	1.2	16	4.0	42.0	8.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY WITH	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WILDBERRY JUICE	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, NON FAT CHOC	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			500	8	413	8.00	10.08	455.0	1215	50.70	68	13.00	99.50	6.25	0.00
% of Calories											54.8%	10.4%	79.6%	11.2%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

Aug 9, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 9

Generated on: 8/8/2017 2:19:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/31/2017															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST CHORIZO QUESADI LLA	1 EACH	1	271	41	447	2.22	1.45	388.0	440	0.26	0	17.47	22.16	12.77	0.31
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY WITH	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
ORANGE JUICE (DRIFTWOOD)	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
MILK, NON FAT CHOC	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			531	28	574	6.61	9.72	629.0	1360	47.23	64	21.73	95.58	8.64	0.16
% of Calories											47.9%	16.4%	72.0%	14.6%	0.3%
Nutrient Guideline			400-500		540										

Weighted Average			459	23	497	5.60	6.65	535.2	1286	36.68	59	16.95	86.75	6.38	0.01
											116.2%	14.8%	75.6%	12.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	459		400 - 500	100%				
Cholesterol (mg)	23							
Sodium (mg)	497		540					
Fiber (g)	5.60							
Iron (mg)	6.65							
Calcium (mg)	535.2							
Vitamin A (IU)	1286							
Sugars (g)	59	51.64%						
Vitamin C (mg)	36.68							
Protein (g)	16.95	14.77%						
Carbohydrate (g)	86.75	75.58%						
Total Fat (g)	6.38	12.51%						
Trans Fat ¹ (g)	0.01	0.02%						

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