

Adelanto Child Nutrition

Jan 3, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/03/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BANANA	1 EA	1	228	30	114	3.47	1.09	7.4	52	1.19	19	3.87	39.69	5.95	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			399	35	266	4.47	1.39	312.4	587	4.19	51	12.07	75.69	6.05	0.00
% of Calories											51.0%	12.1%	75.8%	13.6%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/04/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFULS;STRAWBERRY	1 EACH	1	180	5	160	2.99	1.80	20.0	100	*N/A*	6	5.99	31.94	2.99	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			470	10	326	6.99	1.80	320.0	640	*40.80	62	14.99	97.94	2.99	0.00
% of Calories											52.8%	12.8%	83.4%	5.7%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/05/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
LEMON CRUNCH BAR	1 EACH	1	249	10	159	2.99	1.79	19.9	100	1.2	16	3.99	40.86	7.97	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY, FROZEN CUP	1 EACH	1	90	0	0	2.00	0.36	20.0	90	66.0	18	1.0	22.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Jan 3, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			514	15	324	4.99	2.15	339.9	765	99.00	69	12.99	99.86	7.97	0.00
% of Calories											53.6%	10.1%	77.7%	14.0%	0.0%
Nutrient Guideline			400-500		540										

Mon - 01/08/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TEXAS TOAST, WG	1 EA	1	201	0	262	2.01	1.45	20.1	101	3.62	7	4.02	26.15	10.06	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			456	5	426	7.01	1.81	350.1	801	47.42	58	13.02	84.15	10.06	0.00
% of Calories											50.9%	11.4%	73.8%	19.8%	0.0%
Nutrient Guideline			400-500		540										

Tue - 01/09/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY, FROZEN CUP	1 EACH	1	90	0	0	2.00	0.36	20.0	90	66.0	18	1.0	22.0	0.0	0.00
RAISINS	BOX	1	120	0	5	2.00	1.08	20.0	135	0.0	27	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			518	32	561	5.60	2.54	353.0	728	67.80	76	18.99	96.99	6.00	0.00
% of Calories											58.4%	14.7%	74.9%	10.4%	0.0%
Nutrient Guideline			400-500		540										

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/10/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN; DOUBLE CHOC WG	1 EACH	1	227	30	124	3.08	0.99	3.5	47	0.2	18	3.77	39.69	5.95	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			487	35	289	8.08	1.35	323.5	722	44.00	70	11.77	98.69	5.95	0.00
% of Calories											57.8%	9.7%	81.0%	11.0%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/11/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PAN DULCE; VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
PEARS, FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			467	10	244	8.15	2.38	359.9	573	9.97	56	13.83	95.66	6.30	0.00
% of Calories											48.1%	11.8%	81.9%	12.1%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/12/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG & CHEESE SAND, WG BUN	1 EACH	1	162	71	283	2.02	1.09	80.8	303	9.08	4	6.06	19.18	7.07	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
APPLES, SLICED CANNED	1/2 CUP	1	47	0	9	0.94	0.34	18.9	43	0.0	9	0.0	11.34	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Weighted Daily Average % of Calories			439	76	443	6.96	1.43	399.7	885	19.89	54 48.8%	15.06 13.7%	81.52 74.3%	7.07 14.5%	0.00 0.0%
Nutrient Guideline			400-500		540										

Tue - 01/16/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average % of Calories			428	30	535	6.55	1.38	419.9	709	38.77	54 50.1%	18.43 17.2%	77.76 72.6%	6.40 13.4%	0.00 0.0%
Nutrient Guideline			400-500		540										

Wed - 01/17/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BLUEBERRY	1 EA	1	245	25	114	2.57	1.19	9.9	49	1.19	19	3.07	40.55	7.81	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average % of Calories			505	30	279	7.57	1.55	329.9	724	44.99	71 56.0%	11.07 8.8%	99.55 78.8%	7.81 13.9%	0.00 0.0%
Nutrient Guideline			400-500		540										

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Thu - 01/18/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRUIT POCKET, WG CHERRY	1 EA	1	270	0	230	6.00	0.00	0.0	400	2.4	*N/A*	4.0	49.99	8.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			500	5	381	10.00	0.00	300.0	940	13.20	*41	13.00	100.99	8.00	0.00
% of Calories											*32.8%	10.4%	80.8%	14.4%	0.0%
Nutrient Guideline			400-500		540										

Fri - 01/19/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BAR;COCOA CHIP	1 EACH	1	270	0	230	5.00	2.70	20.0	0	0.0	21	5.0	48.0	8.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RAISINS	BOX	1	120	0	5	2.00	1.08	20.0	135	0.0	27	1.0	29.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			561	5	387	8.00	4.08	345.0	670	3.00	80	14.20	113.00	8.10	0.00
% of Calories											57.0%	10.1%	80.6%	13.0%	0.0%
Nutrient Guideline			400-500		540										

Mon - 01/22/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI FRENCH TOAST	1 EACH	1	220	5	380	2.00	1.08	60.0	*N/A*	*N/A*	11	3.0	37.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

Jan 3, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			496	10	547	7.15	1.36	374.9	*613	*38.77	62	11.63	99.66	7.20	0.00
% of Calories											50.1%	9.4%	80.3%	13.1%	0.0%
Nutrient Guideline			400-500		540										

Tue - 01/23/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BAR, HONEY WHEA	2.5 oz	1	205	13	196	1.79	1.29	89.3	67	0.0	13	3.57	34.82	6.25	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PLUMS,FRESH	1 EACH	1	30	0	0	0.80	0.14	4.0	220	6.24	6	0.4	7.6	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			411	18	360	2.59	1.43	403.3	887	38.04	54	12.97	78.42	6.25	0.00
% of Calories											52.4%	12.6%	76.4%	13.7%	0.0%
Nutrient Guideline			400-500		540										

Wed - 01/24/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG CHOC CHIP	1 EA	1	249	26	110	2.60	1.00	6.0	49	0.1	19	2.8	41.5	7.9	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			449	31	260	7.60	1.36	326.0	649	13.90	56	10.80	85.50	7.90	0.00
% of Calories											49.9%	9.6%	76.2%	15.8%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

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Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/25/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFUL, CINNAMON	1 EACH	1	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	41.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
RAISINS	BOX	1	120	0	5	2.00	1.08	20.0	135	0.0	27	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			531	15	337	5.00	2.82	345.0	770	3.00	72	15.20	106.00	6.10	0.00
% of Calories											54.2%	11.4%	79.8%	10.3%	0.0%
Nutrient Guideline			400-500		540										

Fri - 01/26/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST APPLE CHEWY BA	1 EACH	1	299	19	226	5.50	1.98	80.0	400	0.6	23	4.8	50.79	10.1	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
TANGERINE, SATSUMA	1 each	1	47	0	2	1.58	0.13	32.6	599	23.5	9	0.71	11.74	0.27	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			521	24	393	7.08	2.11	412.5	1574	55.90	67	13.51	99.53	10.37	0.00
% of Calories											51.4%	10.4%	76.4%	17.9%	0.0%
Nutrient Guideline			400-500		540										

Mon - 01/29/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG & CHEESE SAND, WG BUN	1 EACH	1	162	71	283	2.02	1.09	80.8	303	9.08	4	6.06	19.18	7.07	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
STRAWBERRY, FROZEN CUP	1 EACH	1	90	0	0	2.00	0.36	20.0	90	66.0	18	1.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

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Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			432	76	448	4.02	1.45	400.8	968	106.88	57	15.06	78.18	7.07	0.00
% of Calories											52.9%	14.0%	72.5%	14.7%	0.0%
Nutrient Guideline			400-500		540										

Tue - 01/30/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BITES;APPLE	1 EACH	1	260	0	230	3.00	1.08	60.0	0	1.2	16	4.0	38.98	10.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RAISELS-FRUIT SPLASH	1 EACH	1	140	0	0	1.00	0.72	20.0	0	60.0	27	1.0	34.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			600	5	380	9.00	2.16	400.0	600	75.00	80	13.00	116.98	10.00	0.00
% of Calories											53.3%	8.7%	78.0%	15.0%	0.0%
Nutrient Guideline			400-500		540										

Wed - 01/31/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BANANA	1 EA	1	228	30	114	3.47	1.09	7.4	52	1.19	19	3.87	39.69	5.95	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RAISINS	BOX	1	120	0	5	2.00	1.08	20.0	135	0.0	27	1.0	29.0	0.0	0.00
PLUMS,FRESH	1 EACH	1	30	0	0	0.80	0.14	4.0	220	6.24	6	0.4	7.6	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			499	35	269	6.27	2.32	331.4	907	9.23	72	13.27	98.29	5.95	0.00
% of Calories											58.0%	10.6%	78.8%	10.7%	0.0%
Nutrient Guideline			400-500		540										

Weighted Average			484	25	373	6.65	1.84	357.4	*786	*38.69	*63	13.74	94.22	7.18	0.00
											*117.2	11.4%	77.8%	13.3%	0.0%

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Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	484		400 - 500	100%												
Cholesterol (mg)	25															
Sodium (mg)	373		540													
Fiber (g)	6.65															
Iron (mg)	1.84															
Calcium (mg)	357.4															
Vitamin A (IU)	786															
Sugars (g)	63	52.10%			Missing											
Vitamin C (mg)	38.69				Missing											
Protein (g)	13.74	11.35%			Missing											
Carbohydrate (g)	94.22	77.84%														
Total Fat (g)	7.18	13.34%														
Trans Fat ¹ (g)	0.00	0.00%														

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