

Adelanto Child Nutrition

Jan 3, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/03/2018															
FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			0												

Thu - 01/04/2018															
FFVP	Total	1													
CARROTS,BABY,RAW	2 oz	1	30	0	66	2.47	0.76	27.2	11722	2.21	4	0.54	7.0	0.11	0.00
Weighted Daily Average			30	0	66	2.47	0.76	27.2	11722	2.21	4	0.54	7.00	0.11	0.00
% of Calories											54.4%	7.3%	94.2%	3.3%	0.0%
Nutrient Guideline			0												

Fri - 01/05/2018															
FFVP	Total	1													
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
Weighted Daily Average			110	0	1	4.00	0.00	0.0	40	9.00	21	1.00	29.00	0.00	0.00
% of Calories											76.4%	3.6%	105.5%	0.0%	0.0%
Nutrient Guideline			0												

Tue - 01/09/2018															
FFVP	Total	1													
CUCUMBER COINS	2 OZ	1	7	0	1	0.40	0.12	7.9	41	1.81	1	0.33	1.22	0.09	0.00
Weighted Daily Average			7	0	1	0.40	0.12	7.9	41	1.81	1	0.33	1.22	0.09	0.00
% of Calories											46.0%	19.7%	72.0%	12.0%	0.0%
Nutrient Guideline			0												

Wed - 01/10/2018															
FFVP	Total	1													
PINEAPPLE SPEARS; IND PKG	2 oz	1	28	0	1	0.79	0.16	7.4	33	27.1	6	0.31	7.44	0.07	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			28	0	1	0.79	0.16	7.4	33	27.10	6	0.31	7.44	0.07	0.00
% of Calories											78.8%	4.3%	105.0%	2.2%	0.0%
Nutrient Guideline			0												

Thu - 01/11/2018															
FFVP	Total	1													
BROCCOLI BUDS	1/2 CUP	1	16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.0	0.00
Weighted Daily Average			16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.00	0.00
% of Calories											0.0%	32.0%	72.0%	0.0%	0.0%
Nutrient Guideline			0												

Tue - 01/16/2018															
FFVP	Total	1													
TOMATOES; GRAPE DROP	2 OZ	1	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45	0.07	*N/A*
Weighted Daily Average			7	0	2	0.45	0.10	3.7	310	5.10	1	0.33	1.45	0.07	*N/A*
% of Calories											58.4%	19.6%	86.4%	10.0%	*N/A%*
Nutrient Guideline			0												

Wed - 01/17/2018															
FFVP	Total	1													
CANTALOUPE CHUNK CUPS	1 EA	1	1	0	0	0.02	0.00	0.1	10	0.73	0	0.02	0.17	0.0	0.00
Weighted Daily Average			1	0	0	0.02	0.00	0.1	10	0.73	0	0.02	0.17	0.00	0.00
% of Calories											90.5%	9.7%	98.2%	5.3%	0.0%
Nutrient Guideline			0												

Thu - 01/18/2018															
FFVP	Total	1													
SQUASH YELLOW SLICED	1 EACH	1	10	0	0	0.99	0.36	0.0	99	8.95	1	0.99	1.99	0.0	0.00
Weighted Daily Average			10	0	0	0.99	0.36	0.0	99	8.95	1	0.99	1.99	0.00	0.00
% of Calories											40.0%	40.0%	80.0%	0.0%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/23/2018															
FFVP	Total	1													
CELERY STICKS (2OZ)	2 OZ	1	9	0	45	0.91	0.11	22.7	255	1.76	1	0.39	1.68	0.1	0.00
Weighted Daily Average			9	0	45	0.91	0.11	22.7	255	1.76	1	0.39	1.68	0.10	0.00
% of Calories											45.8%	17.3%	74.3%	9.6%	0.0%
Nutrient Guideline			0												
Wed - 01/24/2018															
FFVP	Total	1													
EDAMAME, FRESH	1 EACH	1	102	0	6	3.00	2.16	60.0	0	5.4	3	9.0	9.0	3.0	0.00
Weighted Daily Average			102	0	6	3.00	2.16	60.0	0	5.40	3	9.00	9.00	3.00	0.00
% of Calories											11.8%	35.3%	35.3%	26.5%	0.0%
Nutrient Guideline			0												
Thu - 01/25/2018															
FFVP	Total	1													
CARROTS, BABY RANCH SEASONING	1 EACH	1	25	0	199	1.99	0.36	19.9	4485	4.78	4	1.0	5.98	0.0	0.00
Weighted Daily Average			25	0	199	1.99	0.36	19.9	4485	4.78	4	1.00	5.98	0.00	0.00
% of Calories											64.0%	16.0%	96.0%	0.0%	0.0%
Nutrient Guideline			0												
Tue - 01/30/2018															
FFVP	Total	1													
ZUCCHINI STICKS	2 OZ	1	2	0	10	0.01	0.00	0.0	0	0.0	0	0.04	0.29	0.08	0.00
Weighted Daily Average			2	0	10	0.01	0.00	0.0	0	0.00	0	0.04	0.29	0.08	0.00
% of Calories											5.4%	8.0%	56.0%	36.0%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/31/2018															
FFVP	Total	1													
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
Weighted Daily Average			45	0	8	0.05	0.00	10.0	50	0.60	10	0.00	11.00	0.00	0.00
% of Calories											88.9%	0.0%	97.8%	0.0%	0.0%
Nutrient Guideline			0												

Weighted Average			34	0	25	1.52	0.34	14.1	1236	8.37	5 131.1%	1.09 12.9%	7.22 85.8%	0.25 6.7%	*N/A*
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	34		0					
Cholesterol (mg)	0							
Sodium (mg)	25						25	
Fiber (g)	1.52							
Iron (mg)	0.34							
Calcium (mg)	14.1							
Vitamin A (IU)	1236							
Sugars (g)	5	58.25%						
Vitamin C (mg)	8.37							
Protein (g)	1.09	12.92%						
Carbohydrate (g)	7.22	85.82%						
Total Fat (g)	0.25	6.74%						
Trans Fat ¹ (g)	*N/A*				Missing			

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