

# Adelanto Child Nutrition

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

EM FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/01/2017															
EM FFVP	Total	1													
MANGO CHUNKS	1 EA	1	39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.00	0.00
% of Calories											89.7%	3.7%	104.7%	0.0%	0.0%
Nutrient Guideline			0		50										

Tue - 06/06/2017															
EM FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			0		50										

Wed - 06/07/2017															
EM FFVP	Total	1													
EDAMAME, FRESH	1 EACH	1	102	0	6	3.00	2.16	60.0	0	5.4	3	9.0	9.0	3.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			102	0	6	3.00	2.16	60.0	0	5.40	3	9.00	9.00	3.00	0.00
% of Calories											11.8%	35.3%	35.3%	26.5%	0.0%
Nutrient Guideline			0		50										

Thu - 06/08/2017															
EM FFVP	Total	1													
NECTARINES, FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
% of Calories											71.7%	9.6%	95.9%	6.5%	0.0%
Nutrient Guideline			0		50										

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			80	0	3	2.35	0.83	18.9	476	10.33	7 79.8%	2.95 14.7%	10.63 53.0%	3.36 37.7%	0.00 0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	80		0					
Cholesterol (mg)	0							
Sodium (mg)	3		50					
Fiber (g)	2.35							
Iron (mg)	0.83							
Calcium (mg)	18.9							
Vitamin A (IU)	476							
Sugars (g)	7	35.49%						
Vitamin C (mg)	10.33							
Protein (g)	2.95	14.72%						
Carbohydrate (g)	10.63	53.03%						
Total Fat (g)	3.36	37.70%						
Trans Fat <sup>1</sup> (g)	0.00	0.00%						

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