

# Adelanto Child Nutrition

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

WEST CREEK FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/01/2017															
WEST CREEK FFVP	Total	1													
BLUEBERRIES;6OZ	1 EACH	1	98	0	1	4.14	0.41	0.0	57	16.55	17	1.26	24.14	0.57	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			98	0	1	4.14	0.41	0.0	57	16.55	17	1.26	24.14	0.57	0.00
% of Calories											70.6%	5.2%	98.8%	5.3%	0.0%
Nutrient Guideline			100		1360										

Fri - 06/02/2017															
WEST CREEK FFVP	Total	1													
POMEGRANATE KERNELS	1 EACH	1	12	0	0	0.56	0.00	1.4	0	1.47	2	0.13	2.63	0.15	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			12	0	0	0.56	0.00	1.4	0	1.47	2	0.13	2.63	0.15	0.00
% of Calories											65.5%	4.3%	89.7%	11.6%	0.0%
Nutrient Guideline			100		1360										

Mon - 06/05/2017															
WEST CREEK FFVP	Total	1													
GREEN SNAP PEAS	2 OZ	1	24	0	2	2.00	1.08	20.0	600	16.8	2	2.0	4.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			24	0	2	2.00	1.08	20.0	600	16.80	2	2.00	4.00	0.00	0.00
% of Calories											33.3%	33.3%	66.7%	0.0%	0.0%
Nutrient Guideline			100		1360										

Tue - 06/06/2017															
WEST CREEK FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			100		1360										

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 06/07/2017															
WEST CREEK FFVP	Total	1													
POMEGRANATE KERNELS	1 EACH	1	12	0	0	0.56	0.00	1.4	0	1.47	2	0.13	2.63	0.15	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			12	0	0	0.56	0.00	1.4	0	1.47	2	0.13	2.63	0.15	0.00
% of Calories											65.5%	4.3%	89.7%	11.6%	0.0%
Nutrient Guideline			100		1360										

Thu - 06/08/2017															
WEST CREEK FFVP	Total	1													
NECTARINES,FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
% of Calories											71.7%	9.6%	95.9%	6.5%	0.0%
Nutrient Guideline			100		1360										

Fri - 06/09/2017															
WEST CREEK FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			100		1360										

Weighted Average			58	0	1	2.51	0.42	7.3	316	9.66	8	0.85	11.25	1.62	0.00
											126.3%	5.9%	77.8%	25.1%	0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
Calories	58			100	58%			42									Correction Required - Calories are Low
Cholesterol (mg)	0																
Sodium (mg)	1			1360													
Fiber (g)	2.51																
Iron (mg)	0.42																
Calcium (mg)	7.3																
Vitamin A (IU)	316																
Sugars (g)	8	56.11%															
Vitamin C (mg)	9.66																
Protein (g)	0.85	5.88%															
Carbohydrate (g)	11.25	77.77%															
Total Fat (g)	1.62	25.14%															
Trans Fat <sup>1</sup> (g)	0.00	0.00%															

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