

# Adelanto Child Nutrition

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/01/2017															
FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			0												

Tue - 05/02/2017															
FFVP	Total	1													
CARROTS,BABY,RAW	2 oz	1	30	0	66	2.47	0.76	27.2	11722	2.21	4	0.54	7.0	0.11	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	66	2.47	0.76	27.2	11722	2.21	4	0.54	7.00	0.11	0.00
% of Calories											54.4%	7.3%	94.2%	3.3%	0.0%
Nutrient Guideline			0												

Wed - 05/03/2017															
FFVP	Total	1													
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			45	0	8	0.05	0.00	10.0	50	0.60	10	0.00	11.00	0.00	0.00
% of Calories											88.9%	0.0%	97.8%	0.0%	0.0%
Nutrient Guideline			0												

Thu - 05/04/2017															
FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/05/2017															
FFVP	Total	1													
PINEAPPLE CHUNKS; CUPS	1 EA	1	83	0	2	2.31	0.48	21.5	96	78.87	16	0.89	21.65	0.2	*N/A*
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			83	0	2	2.31	0.48	21.5	96	78.87	16	0.89	21.65	0.20	*0.00
% of Calories											78.8%	4.3%	105.0%	2.2%	*0.0%
Nutrient Guideline			0												

Mon - 05/08/2017															
FFVP	Total	1													
CANTALOUPE CHUNK CUPS	1 EA	1	1	0	0	0.02	0.00	0.1	10	0.73	0	0.02	0.17	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			1	0	0	0.02	0.00	0.1	10	0.73	0	0.02	0.17	0.00	0.00
% of Calories											90.5%	9.7%	98.2%	5.3%	0.0%
Nutrient Guideline			0												

Tue - 05/09/2017															
FFVP	Total	1													
STRAWBERRIES,FRESH	1/2 CUP	1	37	0	0	2.24	0.54	14.9	0	67.14	5	0.75	8.95	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			37	0	0	2.24	0.54	14.9	0	67.14	5	0.75	8.95	0.00	0.00
% of Calories											56.0%	8.0%	96.0%	0.0%	0.0%
Nutrient Guideline			0												

Wed - 05/10/2017															
FFVP	Total	1													
EDAMAME, FRESH	1 EACH	1	102	0	6	3.00	2.16	60.0	0	5.4	3	9.0	9.0	3.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			102	0	6	3.00	2.16	60.0	0	5.40	3	9.00	9.00	3.00	0.00
% of Calories											11.8%	35.3%	35.3%	26.5%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/11/2017															
FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			0												

Fri - 05/12/2017															
FFVP	Total	1													
CUCUMBER COINS	2 OZ	1	7	0	1	0.40	0.12	7.9	41	1.81	1	0.33	1.22	0.09	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			7	0	1	0.40	0.12	7.9	41	1.81	1	0.33	1.22	0.09	0.00
% of Calories											46.0%	19.7%	72.0%	12.0%	0.0%
Nutrient Guideline			0												

Mon - 05/15/2017															
FFVP	Total	1													
APPLE SLICES, 2 OZ	1 EACH	1	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	0	0.99	0.00	19.9	0	20.89	6	0.00	6.96	0.00	0.00
% of Calories											80.0%	0.0%	93.3%	0.0%	0.0%
Nutrient Guideline			0												

Tue - 05/16/2017															
FFVP	Total	1													
POMEGRANATE KERNELS	1 EACH	1	12	0	0	0.56	0.00	1.4	0	1.47	2	0.13	2.63	0.15	0.00
MANGO CHUNKS	1 EA	1	39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			51	0	1	1.65	0.07	8.7	454	18.04	11	0.49	12.81	0.15	0.00
% of Calories											84.1%	3.9%	101.2%	2.7%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/17/2017															
FFVP	Total	1													
BELL PEPPERS, TRI COLOR	1 EA	1	5	0	26	0.47	0.07	3.8	47	7.33	0	0.24	0.94	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			5	0	26	0.47	0.07	3.8	47	7.33	0	0.24	0.94	0.00	0.00
% of Calories											0.0%	19.9%	80.0%	0.0%	0.0%
Nutrient Guideline			0												

Thu - 05/18/2017															
FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			0												

Fri - 05/19/2017															
FFVP	Total	1													
BROCCOLI BUDS	1/2 CUP	1	16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.00	0.00
% of Calories											0.0%	32.0%	72.0%	0.0%	0.0%
Nutrient Guideline			0												

Mon - 05/22/2017															
FFVP	Total	1													
NECTARINES,FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
% of Calories											71.7%	9.6%	95.9%	6.5%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/23/2017															
FFVP	Total	1													
TOMATOES; GRAPE DROP	2 OZ	1	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45	0.07	*N/A*
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			7	0	2	0.45	0.10	3.7	310	5.10	1	0.33	1.45	0.07	*0.00
% of Calories											58.4%	19.6%	86.4%	10.0%	*0.0%
Nutrient Guideline			0												

Wed - 05/24/2017															
FFVP	Total	1													
WATERMELON CHUNKS	1 PACKAGE	1	12	0	1	0.15	0.09	2.7	216	3.07	2	0.23	2.75	0.05	*N/A*
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			12	0	1	0.15	0.09	2.7	216	3.07	2	0.23	2.75	0.05	*0.00
% of Calories											78.3%	7.8%	95.6%	3.9%	*0.0%
Nutrient Guideline			0												

Thu - 05/25/2017															
FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			0												

Fri - 05/26/2017															
FFVP	Total	1													
PINEAPPLE CHUNKS; CUPS	1 EA	1	83	0	2	2.31	0.48	21.5	96	78.87	16	0.89	21.65	0.2	*N/A*
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			83	0	2	2.31	0.48	21.5	96	78.87	16	0.89	21.65	0.20	*0.00
% of Calories											78.8%	4.3%	105.0%	2.2%	*0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/29/2017															
FFVP	Total	1													
NO SCHOOL	1 EACH	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			0												

Tue - 05/30/2017															
FFVP	Total	1													
GREEN SNAP PEAS	2 OZ	1	24	0	2	2.00	1.08	20.0	600	16.8	2	2.0	4.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			24	0	2	2.00	1.08	20.0	600	16.80	2	2.00	4.00	0.00	0.00
% of Calories											33.3%	33.3%	66.7%	0.0%	0.0%
Nutrient Guideline			0												

Wed - 05/31/2017															
FFVP	Total	1													
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			45	0	8	0.05	0.00	10.0	50	0.60	10	0.00	11.00	0.00	0.00
% of Calories											88.9%	0.0%	97.8%	0.0%	0.0%
Nutrient Guideline			0												

Weighted Average			54	0	7	1.78	0.45	12.7	836	18.75	6	1.02	8.90	2.01	*0.00
											104.9%	7.5%	65.5%	33.4%	*0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
Calories	54			0													
Cholesterol (mg)	0																
Sodium (mg)	7								7								
Fiber (g)	1.78																
Iron (mg)	0.45																
Calcium (mg)	12.7																
Vitamin A (IU)	836																
Sugars (g)	6	46.64%															
Vitamin C (mg)	18.75																
Protein (g)	1.02	7.50%															
Carbohydrate (g)	8.90	65.55%															
Total Fat (g)	2.01	33.39%															
Trans Fat <sup>1</sup> (g)	0.00	0.00%				Missing											

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