

# Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/01/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG AND CHEESE BURRITO	1 EACH	1	212	70	319	3.25	1.80	150.0	300	3.6	1	11.25	21.7	9.28	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			548	85	620	8.40	2.08	814.9	1338	14.77	51	29.88	83.36	11.98	0.00
% of Calories											37.1%	21.8%	60.8%	19.7%	0.0%
Nutrient Guideline			400-500		540										

Wed - 05/02/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI FRENCH TOAST	1 EACH	1	220	5	380	2.00	1.08	60.0	*N/A*	*N/A*	11	3.0	37.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			446	10	546	3.00	1.38	375.0	*635	*33.00	57	12.20	87.00	7.10	0.00
% of Calories											51.1%	10.9%	78.0%	14.3%	0.0%
Nutrient Guideline			400-500		540										

Thu - 05/03/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			442	30	534	5.40	1.10	405.0	711	40.80	58	18.80	81.10	6.20	0.00
% of Calories											52.9%	17.0%	73.4%	12.6%	0.0%
Nutrient Guideline			400-500		540										

Fri - 05/04/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			388	32	556	6.60	1.46	333.0	603	13.80	48	16.99	67.99	6.00	0.00
% of Calories											49.1%	17.5%	70.1%	13.9%	0.0%
Nutrient Guideline			400-500		540										

Mon - 05/07/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY OAT CHEWIE BA	1 EACH	1	296	22	194	5.60	1.98	80.0	250	1.2	23	4.7	51.7	9.3	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE	1 EACH	1	62	0	0	3.10	0.00	50.0	250	69.6	12	1.2	15.0	0.2	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			478	28	344	8.70	1.98	430.0	1000	72.60	55	13.90	88.70	9.50	0.00
% of Calories											46.0%	11.6%	74.2%	17.9%	0.0%
Nutrient Guideline			400-500		540										

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/08/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST PIZZA (IW)	1 EACH	1	240	15	490	3.00	1.80	150.0	200	2.4	5	11.0	31.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			500	20	655	8.00	2.16	470.0	875	46.20	57	19.00	90.00	7.00	0.00
% of Calories											45.6%	15.2%	72.0%	12.6%	0.0%
Nutrient Guideline			400-500		540										

Wed - 05/09/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			414	32	572	2.60	1.40	328.0	638	33.00	57	18.19	73.98	6.10	0.00
% of Calories											54.7%	17.6%	71.5%	13.3%	0.0%
Nutrient Guideline			400-500		540										

Thu - 05/10/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG AND CHEESE SANDWICH	1 EACH	1	240	115	350	3.00	1.80	100.0	200	12.0	6	9.0	31.0	9.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			525	120	516	7.00	1.80	400.0	815	52.80	62	18.00	97.00	9.00	0.00
% of Calories											47.2%	13.7%	73.9%	15.4%	0.0%
Nutrient Guideline			400-500		540										

Fri - 05/11/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CRUMB SQUARE, WG	3.6 OZ	1	283	32	215	3.00	1.20	16.0	0	0.01	24	3.4	47.0	9.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			483	37	365	8.00	1.56	336.0	600	13.81	61	11.40	91.00	9.00	0.00
% of Calories											50.5%	9.4%	75.4%	16.8%	0.0%
Nutrient Guideline			400-500		540										

Mon - 05/14/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ZUCHINNI BREAD	1 EACH	1	280	35	280	2.00	4.50	20.0	750	1.2	24	5.0	48.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			480	40	430	7.00	4.86	340.0	1350	15.00	61	13.00	92.00	7.00	0.00
% of Calories											50.8%	10.8%	76.7%	13.1%	0.0%
Nutrient Guideline			400-500		540										

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/15/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TAC-GO, WG	3.2 oz	1	180	200	400	2.00	0.72	100.0	400	0.0	1	10.0	14.0	9.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE	1 EACH	1	62	0	0	3.10	0.00	50.0	250	69.6	12	1.2	15.0	0.2	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			422	205	565	5.10	0.72	450.0	1225	101.40	48	19.20	66.00	9.20	0.00
% of Calories											45.5%	18.2%	62.6%	19.6%	0.0%
Nutrient Guideline			400-500		540										

Wed - 05/16/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFUL,CINNAMON	1 EACH	1	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	41.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			440	15	330	7.00	1.80	340.0	700	13.80	50	14.00	85.00	6.00	0.00
% of Calories											45.5%	12.7%	77.3%	12.3%	0.0%
Nutrient Guideline			400-500		540										

Thu - 05/17/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TEXAS TOAST, WG	1 EA	1	201	0	262	2.01	1.45	20.1	101	3.62	7	4.02	26.15	10.06	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY, FROZEN CUP	1 EACH	1	90	0	0	2.00	0.36	20.0	90	66.0	18	1.0	22.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			466	5	427	4.01	1.81	340.1	766	101.42	60	13.02	85.15	10.06	0.00
% of Calories											51.5%	11.2%	73.1%	19.4%	0.0%
Nutrient Guideline			400-500		540										

Fri - 05/18/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BITES;GLAZED	1 EACH	1	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	38.0	10.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			476	5	342	8.15	1.72	394.9	538	9.97	50	13.63	85.66	10.20	0.00
% of Calories											42.1%	11.4%	71.9%	19.3%	0.0%
Nutrient Guideline			400-500		540										

Mon - 05/21/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PAN DULCE;VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PLUMS,FRESH	1 EACH	1	30	0	0	0.80	0.14	4.0	220	6.24	6	0.4	7.6	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			470	20	390	2.80	1.94	694.0	1220	10.44	48	23.40	77.60	8.50	0.00
% of Calories											41.2%	19.9%	66.0%	16.3%	0.0%
Nutrient Guideline			400-500		540										

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# Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/22/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG AND CHEESE BURRITO	1 EACH	1	212	70	319	3.25	1.80	150.0	300	3.6	1	11.25	21.7	9.28	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
RAISELS-FRUIT SPLASH	1 EACH	1	140	0	0	1.00	0.72	20.0	0	60.0	27	1.0	34.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			523	75	471	5.25	2.82	475.0	835	66.60	60	20.45	91.70	9.38	0.00
% of Calories											45.6%	15.6%	70.1%	16.1%	0.0%
Nutrient Guideline			400-500		540										

Wed - 05/23/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI FRENCH TOAST	1 EACH	1	220	5	380	2.00	1.08	60.0	*N/A*	*N/A*	11	3.0	37.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			475	10	544	7.00	1.44	390.0	*700	*43.80	62	12.00	95.00	7.00	0.00
% of Calories											52.2%	10.1%	80.0%	13.3%	0.0%
Nutrient Guideline			400-500		540										

Thu - 05/24/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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# Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			428	30	535	6.55	1.38	419.9	709	38.77	54	18.43	77.76	6.40	0.00
% of Calories											50.1%	17.2%	72.6%	13.4%	0.0%
Nutrient Guideline			400-500		540										

Fri - 05/25/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE	1 EACH	1	62	0	0	3.10	0.00	50.0	250	69.6	12	1.2	15.0	0.2	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			370	32	556	4.70	1.10	363.0	753	71.40	43	18.19	60.98	6.20	0.00
% of Calories											46.1%	19.7%	65.9%	15.1%	0.0%
Nutrient Guideline			400-500		540										

Tue - 05/29/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST PIZZA (IW)	1 EACH	1	240	15	490	3.00	1.80	150.0	200	2.4	5	11.0	31.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE	1 EACH	1	62	0	0	3.10	0.00	50.0	250	69.6	12	1.2	15.0	0.2	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			482	20	655	6.10	1.80	500.0	1025	103.80	52	20.20	83.00	7.20	0.00
% of Calories											43.2%	16.8%	68.9%	13.4%	0.0%
Nutrient Guideline			400-500		540										

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# Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/30/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFUL, CINNAMON	1 EACH	1	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	41.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE CUP	1/2 CUP	1	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			466	15	346	3.00	1.74	335.0	735	33.00	59	15.20	91.00	6.10	0.00
% of Calories											50.6%	13.0%	78.1%	11.8%	0.0%
Nutrient Guideline			400-500		540										

Thu - 05/31/2018															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG AND CHEESE SANDWICH	1 EACH	1	240	115	350	3.00	1.80	100.0	200	12.0	6	9.0	31.0	9.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			525	120	516	7.00	1.80	400.0	815	52.80	62	18.00	97.00	9.00	0.00
% of Calories											47.2%	13.7%	73.9%	15.4%	0.0%
Nutrient Guideline			400-500		540										

Weighted Average			466	45	492	5.97	1.81	424.3	*845	*44.68	55	17.14	84.00	7.91	0.00
											106.6%	14.7%	72.1%	15.3%	0.0%

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# Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	466		400 - 500	100%												
Cholesterol (mg)	45															
Sodium (mg)	492		540													
Fiber (g)	5.97															
Iron (mg)	1.81															
Calcium (mg)	424.3															
Vitamin A (IU)	845				Missing											
Sugars (g)	55	47.39%														
Vitamin C (mg)	44.68				Missing											
Protein (g)	17.14	14.72%														
Carbohydrate (g)	84.00	72.13%														
Total Fat (g)	7.91	15.29%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%														

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