

Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PIZZA BAGEL	3 oz	1	192	15	383	0.90	1.59	217.0	86	3.8	*N/A*	11.65	23.16	5.71	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			416	20	547	3.28	3.05	605.0	1024	37.00	*47	19.87	72.22	6.12	0.00
% of Calories											*45.1%	19.1%	69.4%	13.2%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/02/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST ROUND OAT CHOC CHIP	1 EACH	1	260	5	190	6.25	0.10	23.4	12	0.0	17	5.0	43.0	7.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE CINNAMON CHEERIOS	BOWL	1	110	0	110	2.00	3.60	100.0	500	6.0	10	2.0	22.0	1.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEACHES, CANNED, IN PEAR JUICE	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			408	10	319	5.04	1.85	396.7	1130	36.20	54	14.41	75.47	5.50	0.00
% of Calories											52.7%	14.1%	74.1%	12.1%	0.0%
Nutrient Guideline			400-500		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/03/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL: RICE CHEX	BOWL	1	70	0	170	1.00	5.40	60.0	300	3.6	2	1.0	16.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MANDARIN ORANGES,CND,	1/2 CUP	2	90	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			379	20	454	2.20	3.61	427.5	1073	54.90	52	15.40	68.55	4.35	0.00
% of Calories											55.2%	16.3%	72.4%	10.3%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/04/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRENCH TOAST BAKE	SERVING (2 EA)	1	215	113	389	1.80	3.50	118.3	92	0.29	*7	8.57	33.6	5.16	*0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TRIX YOGURT WITH CHEX	1 EACH	1	220	5	105	*2.00	*0.72	*100.0	*500	*N/A*	19	5.0	43.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
PEACHES, CANNED, IN PEAR JUICE	1/2 CUP	1	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
SYRUP, SIMPLY HEINZ	1 EACH	1	35	0	5	0.00	0.00	0.0	0	0.0	8	0.0	8.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			433	67	407	*4.19	*2.11	*434.1	*988	*2.79	*50	16.24	80.42	5.58	*0.00
% of Calories											*45.9%	15.0%	74.2%	11.6%	*0.0%
Nutrient Guideline			400-500		540										

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Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/07/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY OAT CHEWIE BA	1 EACH	1	296	22	194	5.60	1.98	80.0	250	1.2	23	4.7	51.7	9.3	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLESAUCE , UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MANDARIN ORANGES,CND,	1/2 CUP	2	90	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			516	19	452	6.51	10.35	494.3	1471	30.26	69	14.35	100.36	6.90	0.00
% of Calories											53.7%	11.1%	77.9%	12.0%	0.0%
Nutrient Guideline			400-500		540										

Tue - 05/08/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST PIZZA, WG SAUSAG	1 EACH	1	210	15	480	3.00	1.80	150.0	300	0.0	8	10.0	27.0	8.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE CINNAMON CHEERIOS	BOWL	1	110	0	110	2.00	3.60	100.0	500	6.0	10	2.0	22.0	1.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEACHES, CANNED, IN PEAR JU	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
ICE															
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			388	15	465	3.41	2.70	450.0	1249	36.20	50	15.91	68.47	6.00	0.00
% of Calories											51.8%	16.4%	70.7%	13.9%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/09/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
YOGURT DRIFTWOOD	8 OZ	1	210	10	120	0.00	0.00	600.0	1250	2.4	34	7.0	41.0	2.0	0.00
MINI MUFFIN,BLUEBERRY, BUE NA V	1 EACH	1	140	15	140	0.00	1.00	9.0	0	0.0	10	2.0	23.01	4.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			490	25	485	2.83	2.75	811.0	1631	36.30	68	19.55	91.64	6.27	0.00
% of Calories											55.5%	15.9%	74.8%	11.5%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/10/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CRUMB SQUARE, WG	3.6 OZ	1	283	32	215	3.00	1.20	16.0	0	0.01	24	3.4	47.0	9.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL: RICE CHEX	BOWL	1	70	0	170	1.00	5.40	60.0	300	3.6	2	1.0	16.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			462	24	359	6.00	3.30	363.0	765	42.90	66	12.20	93.50	5.75	0.00
% of Calories											57.2%	10.6%	81.0%	11.2%	0.0%
Nutrient Guideline			400-500		540										

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/11/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SAUSAGE MUFFIN	1 EACH	1	277	129	723	2.10	1.89	191.5	347	0.0	2	17.06	26.2	12.7	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TRIX YOGURT WITH CHEX	1 EACH	1	220	5	105	*2.00	*0.72	*100.0	*500	*N/A*	19	5.0	43.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEACHES, CANNED, IN PEAR JUICE	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	2	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			479	74	574	*4.36	*1.66	*470.7	*1496	*5.58	49	21.41	79.49	9.35	0.00
% of Calories											41.2%	17.9%	66.4%	17.6%	0.0%
Nutrient Guideline			400-500		540										

Mon - 05/14/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ZUCHINNI BREAD	1 EACH	1	280	35	280	2.00	4.50	20.0	750	1.2	24	5.0	48.0	7.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			456	25	482	5.03	11.43	435.0	1579	9.89	58	13.73	88.09	5.75	0.00
% of Calories											50.8%	12.0%	77.2%	11.3%	0.0%
Nutrient Guideline			400-500		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/15/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FIESTA OMELETTE	1 EACH	1	120	175	280	0.00	0.72	100.0	400	0.0	0	8.0	1.0	9.0	0.00
TORTILLAS,RTB/RTF,FLR,6"	1 each	1	88	0	213	0.75	0.98	38.1	0	0.0	1	2.38	15.35	1.76	*N/A*
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
GREEN APPLE	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			419	100	590	6.38	3.46	585.5	1189	32.10	46	19.24	68.68	8.65	*0.00
% of Calories											43.9%	18.4%	65.5%	18.6%	*0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/16/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BLUEBERRY	1 EA	1	245	25	114	2.57	1.19	9.9	49	1.19	19	3.07	40.55	7.81	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE CINNAMON CHEERIOS	BOWL	1	110	0	110	2.00	3.60	100.0	500	6.0	10	2.0	22.0	1.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TANGERINE,SATSUMA	1 each	2	47	0	2	1.58	0.13	32.6	599	23.5	9	0.71	11.74	0.27	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			372	20	271	3.87	2.53	412.5	1412	44.19	48	12.25	68.51	6.18	0.00
% of Calories											51.9%	13.2%	73.7%	15.0%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/17/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHICKEN&WAFFLE SANDWICH RECIPE	1 EACH	1	270	15	480	3.00	2.16	60.0	0	0.0	6	11.0	36.0	10.5	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL: RICE CHEX	BOWL	1	70	0	170	1.00	5.40	60.0	300	3.6	2	1.0	16.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			428	15	483	6.00	3.78	390.0	740	27.90	49	16.50	80.00	6.50	0.00
% of Calories											45.8%	15.4%	74.9%	13.7%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/18/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BITES;GLAZED	1 EACH	1	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	38.0	10.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TRIX YOGURT WITH CHEX	1 EACH	1	220	5	105	*2.00	*0.72	*100.0	*500	*N/A*	19	5.0	43.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			440	10	298	*7.50	*1.44	*435.0	*850	*14.70	50	14.00	80.50	8.00	0.00
% of Calories											45.9%	12.7%	73.2%	16.4%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/21/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PAN DULCE;VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL: RICE CHEX	BOWL	1	70	0	170	1.00	5.40	60.0	300	3.6	2	1.0	16.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MANDARIN ORANGES,CND,	1/2 CUP	1	90	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			331	10	292	2.70	3.96	385.0	949	15.59	37	12.73	60.96	4.25	0.00
% of Calories											45.2%	15.4%	73.6%	11.5%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/22/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHICKEN PATTY; BREADED WG	3.29 oz	1	243	25	466	3.04	1.83	40.6	0	0.0	1	14.19	15.21	13.18	0.00
COUNTRY GRAVY	1 OZ	1	20	0	120	0.00	0.00	15.0	0	0.0	1	0.5	2.5	1.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL: RICE CHEX	BOWL	1	70	0	170	1.00	5.40	60.0	300	3.6	2	1.0	16.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PINEAPPLE TIDBITS	1/2 CUP	2	70	0	10	1.00	0.72	0.0	70	6.0	14	0.0	17.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			417	20	553	3.02	4.33	382.8	795	39.90	48	16.85	66.85	8.34	0.00
% of Calories											45.8%	16.2%	64.2%	18.0%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/23/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRENCH TST STKS, WG	2.9 OZ	1	210	125	320	2.00	1.80	60.0	200	0.0	8	8.0	28.0	7.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEACHES, CANNED, IN PEAR JU	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
ICE															
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			438	70	514	3.41	9.90	465.0	1474	39.20	56	16.91	80.47	5.75	0.00
% of Calories											50.9%	15.5%	73.6%	11.8%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/24/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE SANDWICH RECIPE	1 EACH	1	252	20	628	2.10	0.43	92.5	173	0.0	7	13.06	27.2	11.7	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE CINNAMON CHEERIOS	BOWL	1	110	0	110	2.00	3.60	100.0	500	6.0	10	2.0	22.0	1.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	2	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
SYRUP, SIMPLY HEINZ	1 EACH	1	35	0	5	0.00	0.00	0.0	0	0.0	8	0.0	8.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			415	17	523	7.20	2.30	436.2	874	12.07	45	17.16	72.26	8.05	0.00
% of Calories											43.8%	16.5%	69.6%	17.5%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/25/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BURRITO	1 EACH	1	311	190	648	3.00	1.32	122.0	334	1.8	0	12.0	30.5	15.5	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TRIX YOGURT WITH CHEX	1 EACH	1	220	5	105	*2.00	*0.72	*100.0	*500	*N/A*	19	5.0	43.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	2	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	1	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			472	105	531	*4.50	*1.38	*440.6	*1239	*5.67	45	17.97	77.17	10.75	0.00
% of Calories											38.2%	15.2%	65.4%	20.5%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/29/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG AND CHEESE SANDWICH	1 EACH	1	240	115	350	3.00	1.80	100.0	200	12.0	6	9.0	31.0	9.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CEREAL MARSHMALLOW MATEY	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEACHES, CANNED, IN PEAR JU	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00
ICE															
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			458	65	530	3.91	9.90	475.0	1449	45.20	56	16.41	82.97	6.75	0.00
% of Calories											48.6%	14.3%	72.5%	13.3%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/30/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
LEMON BLUEBERRY SCONE	1 EACH	1	422	37	362	1.80	2.52	180.0	450	0.0	28	6.0	67.6	14.4	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE CINNAMON CHEERIOS	BOWL	1	110	0	110	2.00	3.60	100.0	500	6.0	10	2.0	22.0	1.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	2	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			504	26	405	3.29	3.42	475.0	1373	37.49	63	14.47	92.71	9.20	0.00
% of Calories											50.1%	11.5%	73.6%	16.4%	0.0%
Nutrient Guideline			400-500		540										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/31/2018															
BREAKFAST OVS	Total	2													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WAFFLES;MINI;BLUEBERRY SPL	1 EACH	1	210	0	170	3.00	0.72	20.0	0	0.0	12	4.0	37.0	6.0	0.00
ASH	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
OR	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PINEAPPLE TIDBITS	1/2 CUP	2	70	0	10	1.00	0.72	0.0	70	6.0	14	0.0	17.0	0.0	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			435	13	446	3.50	3.33	506.5	996	41.10	56	16.05	81.51	6.27	0.00
% of Calories											51.4%	14.7%	74.9%	13.0%	0.0%
Nutrient Guideline			400-500		540										

Weighted Average			434	35	454	*4.46	*4.21	*467.1	*1170	*29.42	*53 *109.6	16.07 14.8%	78.67 72.5%	6.83 14.2%	*0.00 *0.0%
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Adelanto Child Nutrition

May 1, 2018 thru May 31, 2018

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	434		400 - 500	100%												
Cholesterol (mg)	35															
Sodium (mg)	454		540													
Fiber (g)	4.46				Missing											
Iron (mg)	4.21				Missing											
Calcium (mg)	467.1				Missing											
Vitamin A (IU)	1170				Missing											
Sugars (g)	53	48.69%			Missing											
Vitamin C (mg)	29.42				Missing											
Protein (g)	16.07	14.81%														
Carbohydrate (g)	78.67	72.47%														
Total Fat (g)	6.83	14.15%														
Trans Fat ¹ (g)	0.00	0.00%			Missing											

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