

Adelanto Child Nutrition

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/01/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WAFFLES;MINI;BLUEBERRY SPL	1 EACH	1	210	0	170	3.00	0.72	20.0	0	0.0	12	4.0	37.0	6.0	0.00
ASH															
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			465	6	334	8.00	1.08	350.0	700	43.80	63	13.00	95.00	6.00	0.00
% of Calories											54.2%	11.2%	81.7%	11.6%	0.0%
Nutrient Guideline			400-500		540										

Thu - 11/02/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			459	32	572	6.74	1.38	327.9	616	38.77	62	17.62	86.65	6.20	0.00
% of Calories											53.8%	15.4%	75.5%	12.1%	0.0%
Nutrient Guideline			400-500		540										

Fri - 11/03/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PAN DULCE;VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1 EACH	1	90	0	22	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			490	10	262	7.00	2.16	360.0	710	58.80	67	13.00	100.00	6.00	0.00
% of Calories											54.7%	10.6%	81.6%	11.0%	0.0%
Nutrient Guideline			400-500		540										

Mon - 11/06/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFULS;STRAWBERRY	1 EACH	1	180	5	160	2.99	1.80	20.0	100	*N/A*	6	5.99	31.94	2.99	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1 EACH	1	90	0	22	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			470	10	332	7.99	2.16	340.0	810	*58.80	65	13.99	97.94	2.99	0.00
% of Calories											55.3%	11.9%	83.4%	5.7%	0.0%
Nutrient Guideline			400-500		540										

Tue - 11/07/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BAR;COCOA CHIP	1 EACH	1	270	0	230	5.00	2.70	20.0	0	0.0	21	5.0	48.0	8.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			546	5	397	10.15	2.98	334.9	538	38.77	72	13.63	110.66	8.20	0.00
% of Calories											52.9%	10.0%	81.0%	13.5%	0.0%
Nutrient Guideline			400-500		540										

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/08/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TEXAS TOAST, WG	1 EA	1	201	0	262	2.01	1.45	20.1	101	3.62	7	4.02	26.15	10.06	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			456	5	426	7.01	1.81	350.1	801	47.42	58	13.02	84.15	10.06	0.00
% of Calories											50.9%	11.4%	73.8%	19.8%	0.0%
Nutrient Guideline			400-500		540										

Thu - 11/09/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			428	30	535	6.55	1.38	419.9	709	38.77	54	18.43	77.76	6.40	0.00
% of Calories											50.1%	17.2%	72.6%	13.4%	0.0%
Nutrient Guideline			400-500		540										

Fri - 11/10/2017															
Breakfast in the Classroom	Total	1													
VETERAN'S DAY	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

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Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/13/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BANANA	1 EA	1	228	30	114	3.47	1.09	7.4	52	1.19	19	3.87	39.69	5.95	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			488	35	279	8.47	1.45	327.4	727	44.99	71	11.87	98.69	5.95	0.00
% of Calories											58.0%	9.7%	80.9%	11.0%	0.0%
Nutrient Guideline			400-500		540										

Tue - 11/14/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG & CHEESE SAND, WG BUN	1 EACH	1	162	71	283	2.02	1.09	80.8	303	9.08	4	6.06	19.18	7.07	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			438	76	449	7.16	1.37	395.7	841	47.86	55	14.69	81.84	7.27	0.00
% of Calories											50.5%	13.4%	74.8%	14.9%	0.0%
Nutrient Guideline			400-500		540										

Wed - 11/15/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE CINN GLAZE WG	1 EA	1	220	10	260	2.00	1.44	100.0	0	0.0	0	4.0	35.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			475	15	424	7.00	1.80	430.0	700	43.80	51	13.00	93.00	7.00	0.00
% of Calories											42.9%	10.9%	78.3%	13.3%	0.0%
Nutrient Guideline			400-500		540										

Thu - 11/16/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RAISINS	BOX	1	120	0	5	2.00	1.08	20.0	135	0.0	27	1.0	29.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			524	32	562	8.75	2.46	347.9	676	8.77	74	18.62	100.65	6.20	0.00
% of Calories											56.3%	14.2%	76.8%	10.6%	0.0%
Nutrient Guideline			400-500		540										

Fri - 11/17/2017															
Breakfast in the Classroom	Total	1													
NO SCHOOL	1 EACH	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

Mon - 11/20/2017															
Breakfast in the Classroom	Total	1													
THANKSGIVING HOLIDAY	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

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Tue - 11/21/2017															
Breakfast in the Classroom	Total	1													
THANKSGIVING HOLIDAY	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

Wed - 11/22/2017															
Breakfast in the Classroom	Total	1													
THANKSGIVING HOLIDAY	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

Thu - 11/23/2017															
Breakfast in the Classroom	Total	1													
THANKSGIVING HOLIDAY	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

Fri - 11/24/2017															
Breakfast in the Classroom	Total	1													
THANKSGIVING HOLIDAY	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/27/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CINNAMON ROLL	1 EACH	1	300	5	270	3.00	1.08	900.0	4500	1.2	24	5.0	54.0	8.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			560	10	435	8.00	1.44	1220.0	5175	45.00	76	13.00	113.00	8.00	0.00
% of Calories											54.3%	9.3%	80.7%	12.9%	0.0%
Nutrient Guideline			400-500		540										

Tue - 11/28/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TRIPLE BERRY CRUNCH BAR	1 EACH	1	260	0	125	3.00	1.44	20.0	80	1.2	16	4.0	42.0	8.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			536	5	292	8.15	1.72	334.9	618	39.97	67	12.63	104.66	8.20	0.00
% of Calories											50.1%	9.4%	78.1%	13.8%	0.0%
Nutrient Guideline			400-500		540										

Wed - 11/29/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WAFFLES;MINI;BLUEBERRY SPL	1 EACH	1	210	0	170	3.00	0.72	20.0	0	0.0	12	4.0	37.0	6.0	0.00
ASH															
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			465	6	334	8.00	1.08	350.0	700	43.80	63	13.00	95.00	6.00	0.00
% of Calories											54.2%	11.2%	81.7%	11.6%	0.0%
Nutrient Guideline			400-500		540										

Thu - 11/30/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			442	30	534	5.40	1.10	405.0	711	40.80	58	18.80	81.10	6.20	0.00
% of Calories											52.9%	17.0%	73.4%	12.6%	0.0%
Nutrient Guideline			400-500		540										

Weighted Average			483	20	411	7.63	1.69	419.6	1002	*42.68	64	14.55	94.67	6.71	0.00
											118.8%	12.1%	78.4%	12.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	483		400 - 500	100%				
Cholesterol (mg)	20							
Sodium (mg)	411		540					
Fiber (g)	7.63							
Iron (mg)	1.69							
Calcium (mg)	419.6							
Vitamin A (IU)	1002							
Sugars (g)	64	52.81%						
Vitamin C (mg)	42.68				Missing			
Protein (g)	14.55	12.06%						
Carbohydrate (g)	94.67	78.43%						
Total Fat (g)	6.71	12.51%						
Trans Fat ¹ (g)	0.00	0.00%						

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