

Family Engagement Center 2017 - 2018 Classes

Tuesday, Wednesday and Thursday
September 26, 2017– November 30, 2017

Mission Statement

To prepare every student to be successful in high school, in college,
in career, and in the 21st century global community.



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www.aesd.net



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Parent Workshops– 8 sessions

Victor Community Support Services will be hosting a series of workshops covering topics such as Cyberbullying, Depression, Self-Esteem, 5 Love languages and much more. **Class schedule (Classes in Spanish, translator available upon request)**

Every Tuesday starting on September 26	9:30 a.m.-11:00 a.m.
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Citizenship Classes – 8 sessions

This course will teach you all the necessary information to help you pass the citizenship test, interview tips and more.

Class schedule (Classes in English and Spanish)

Citizenship Class- Session 1	Tuesday, September 26	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 2	Tuesday, October 03	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 3	Tuesday, October 17	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 4	Tuesday, October 24	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 5	Tuesday, October 31	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 6	Tuesday, November 07	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 7	Tuesday, November 14	4:00 p.m.- 6:00 p.m.
Citizenship Class- Session 8	Tuesday, November 28	4:00 p.m.- 6:00 p.m.

Nutrition Classes – 8 sessions

This class engages families with hands-on activities in diverse topics that support the wellness of our families and students. From nutrition, yoga, brain and learning exercises, parents will practice wellness and learn practical strategies in a fun learning environment. **Class schedule (Classes in English and Spanish)**

Welcome to Eating Smart & Being Active	Tuesday, September 26	4:00 p.m.- 6:00 p.m.
Plan, Shop, and Save	Tuesday, October 03	4:00 p.m.- 6:00 p.m.
Fruits and Veggies	Tuesday, October 17	4:00 p.m.- 6:00 p.m.
Make Half Your Grains Whole	Tuesday, October 24	4:00 p.m.- 6:00 p.m.
Build Strong Bones	Tuesday, October 31	4:00 p.m.- 6:00 p.m.
Protein	Tuesday, November 07	4:00 p.m.- 6:00 p.m.
Make a Change	Tuesday, November 14	4:00 p.m.- 6:00 p.m.
Celebrate!	Tuesday, November 28	4:00 p.m.- 6:00 p.m.

The 12 Powers of Family Business – 8 sessions

Discuss how to work as a team, identify and set goals, be a positive coach each day, budget family expenses, and allow faith and forgiveness to help you be the best parent you can be. All issues affecting your family are welcome here. Class participants can actively change their family dynamics through participation in this course.

Class schedule (Classes in English and Spanish)

Purpose	Wednesday, September 27	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Focusing on Goals	Wednesday, October 04	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Performance Planning	Wednesday, October 18	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Evaluation	Wednesday, October 25	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Day to Day Coaching	Wednesday, November 01	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Positive Attitude	Wednesday, November 08	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Effective Communication	Wednesday, November 15	9:30- 11:30 a.m. AND 5:00-7:00 p.m.
Working Together	Wednesday, November 29	9:30- 11:30 a.m. AND 5:00-7:00 p.m.

Basic Computer Skills – 8 sessions

This class will offer instruction on basic computer skills. Students will gain the confidence to utilize the computer as a tool to navigate the Internet as a resource in their everyday life. **Class schedule (Classes in English and Spanish)**

Computer Basics	Wednesday, September 27 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., September 28 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Internet Safety/Navigation	Wednesday, October 04 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., October 05 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Internet Safety/Navigation	Wednesday, October 18 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., October 19 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Microsoft Word	Wednesday, October 25 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., October 26 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Microsoft Word	Wednesday, November 01 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., November 02 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Microsoft PowerPoint	Wednesday, November 08 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., November 09 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Microsoft PowerPoint	Wednesday, November 15 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., November 16 10:30-11:30 a.m. AND 6:00- 7:00 p.m.
Emailing	Wednesday, November 29 9:30-10:30 a.m. AND 5:00- 6:00 p.m.	Thurs., November 30 10:30-11:30 a.m. AND 6:00- 7:00 p.m.

English as a Second Language (ESL) – 8 sessions

This class will use USA Learns, a free website designed to help adults learn English online.

Class schedule (Classes in English and Spanish)

English Speaking	Wednesday, September 27 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., September 28 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
English Vocabulary	Wednesday, October 04 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., October 05 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
English Grammar	Wednesday, October 18 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., October 19 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
English Pronunciation	Wednesday, October 25 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., October 26 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
English Listening	Wednesday, November 01 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., November 02 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
English Reading	Wednesday, November 08 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., November 09 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
English Writing	Wednesday, November 15 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., November 16 9:30-10:30 a.m. AND 5:00- 6:00 p.m.
Life Skills in English	Wednesday, November 29 10:30-11:30 a.m. AND 6:00- 7:00 p.m.	Thurs., November 30 9:30-10:30 a.m. AND 5:00- 6:00 p.m.

Zumba Fitness – 8 sessions

This one hour of exhilarating calorie-burning, body-energizing, awe-inspiring movements will allow you to enjoy a dynamic fitness program that will help get you in shape and feel great! **Class schedule (Classes in English and Spanish)**

Every Wednesday starting on Sept. 27	8:30 a.m. –9:30 a.m. AND 4:00 p.m. –5:00 p.m.
Every Thursday starting on Sept. 28	8:30 a.m. –9:30 a.m. AND 4:00 p.m. –5:00 p.m.

Dessert and Pastry Classes – 8 sessions

Learn the basics on how to make delicious bite-sized cake pops, marshmallow pops, different decorating techniques and much more! **Class schedule (Classes in Spanish, translator available upon request)**

Every Thursday starting on Sept. 28	9:30 a.m. – 11:00 a.m.
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THE FAMILY ENGAGEMENT CENTER WILL BE CLOSED FROM OCTOBER 9-13 & NOVEMBER 20-24 (NO CLASSES WILL BE IN SESSION)