

Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/01/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF DOUBLE DOGS	1 EACH	1	323	30	420	2.00	2.32	10.0	55	0.2	6	15.0	41.0	11.0	3.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS BABY CHILI LIME	1 EACH	1	25	0	200	2.00	0.36	20.0	4500	4.8	4	1.0	6.0	0.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			528	35	820	4.00	2.68	230.0	5305	5.00	46	24.00	84.00	11.00	3.00
% of Calories											34.8%	18.2%	63.6%	18.7%	5.1%
Nutrient Guideline			600-650		1230										<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/02/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GALAXY PIZZA (IW)	1 EACH	1	290	30	520	3.00	2.70	250.0	300	0.0	9	16.0	29.0	12.0	6.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CUCUMBER COINS 2.58 OZ	1 EACH	1	12	0	2	1.00	0.00	40.1	3507	1.8	1	1.0	2.0	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
ORANGE SMILES	(4.7 OZ) E	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			658	45	1308	7.01	2.88	540.2	4938	81.15	51	26.00	85.27	24.00	7.50
% of Calories											31.1%	15.8%	51.8%	32.8%	10.3%
Nutrient Guideline			600-650		1230										<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/03/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	3.82
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			606	49	1039	6.16	4.13	330.9	12862	14.41	43	27.15	76.10	22.33	5.34
% of Calories											28.5%	17.9%	50.2%	33.1%	7.9%
Nutrient Guideline			600-650		1230										<10.00

Thu - 04/04/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRILLED CHEESE/ WHOLE GRAI	1 EA	1	282	32	651	2.25	1.22	464.3	520	0.0	7	18.41	30.32	10.08	5.71
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	2 oz	1	20	0	44	1.64	0.50	18.1	7819	1.47	3	0.36	4.67	0.07	0.01
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
APPLESAUCE ,UNSWEETENED	1/2 CUP	1	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			590	47	1145	5.11	1.73	691.7	9135	2.03	45	26.77	73.00	22.15	7.22
% of Calories											30.3%	18.2%	49.5%	33.8%	11.0%
Nutrient Guideline			600-650		1230										<10.00

Fri - 04/05/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF AND CHEESE CHALUPA	1 EACH	1	244	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
REFRIED BEANS, NO FAT	1/2 cup	1	114	0	140	7.00	1.08	20.0	0	0.0	2	7.0	19.0	0.74	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Adelanto Child Nutrition

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Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			538	49	745	7.32	1.92	577.1	1046	0.24	40	31.28	68.18	14.68	5.92
% of Calories											29.7%	23.2%	50.6%	24.5%	9.9%
Nutrient Guideline			600-650		1230										<10.00

Mon - 04/08/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEAN & CHEESE BURRITO	1 EA	1	397	16	447	9.00	1.57	312.0	216	1.4	1	18.5	56.0	11.0	4.70
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	0	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			617	21	947	11.00	2.29	532.0	1276	3.80	41	27.50	101.00	11.00	4.70
% of Calories											26.4%	17.8%	65.5%	16.0%	6.9%
Nutrient Guideline			600-650		1230										<10.00

Tue - 04/09/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE & CHILE QUESADILLA I	1 EACH	1	291	40	364	4.23	1.80	300.0	300	2.4	1	15.39	28.21	13.75	6.56
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BROCCOLI BUDS	1/2 CUP	1	16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
ORANGE SMILES	(4.7 OZ) E	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00
	ACH														
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			732	70	961	8.49	2.21	868.9	2308	119.46	52	35.65	89.07	28.25	9.56
% of Calories											28.3%	19.5%	48.7%	34.8%	11.8%
Nutrient Guideline			600-650		1230										<10.00

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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/10/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PIZZA,PEPPERONI,BELLA ROSA	1 EACH	1	340	40	670	3.00	1.80	400.0	750	6.0	4	19.0	31.0	16.0	8.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			588	45	890	6.39	2.88	600.0	1818	11.99	42	29.47	84.92	17.00	8.00
% of Calories											28.5%	20.1%	57.8%	26.0%	12.3%
Nutrient Guideline			600-650		1230										<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/11/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GARLIC CHEESE TOAST	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	1	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	0	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			207	5	500	3.21	0.72	229.3	1106	2.96	37	9.00	44.01	0.00	0.00
% of Calories											71.7%	17.4%	84.9%	0.0%	0.0%
Nutrient Guideline			600-650		1230										<10.00

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/12/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF AND CHEESE CHALUPA	1 EACH	1	244	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
REFRIED BEANS, NO FAT	1/2 cup	1	114	0	140	7.00	1.08	20.0	0	0.0	2	7.0	19.0	0.74	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			538	49	745	7.32	1.92	577.1	1046	0.24	40	31.28	68.18	14.68	5.92
% of Calories											29.7%	23.2%	50.6%	24.5%	9.9%
Nutrient Guideline			600-650		1230										<10.00

Mon - 04/15/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHILI CHEESE DOG IW	1 EACH	1	298	30	628	3.00	2.35	197.1	577	0.3	4	16.86	32.53	11.04	3.83
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			498	35	968	5.00	3.07	417.1	1627	2.70	42	25.86	73.53	11.04	3.83
% of Calories											33.9%	20.8%	59.0%	19.9%	6.9%
Nutrient Guideline			600-650		1230										<10.00

Tue - 04/16/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE STUFFED STICKS	2 EACH	1	300	25	490	3.00	1.80	400.0	200	0.0	4	20.0	30.0	11.0	6.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MARINARA CUP	1 EACH	1	40	0	230	1.00	0.36	20.0	200	5.99	5	1.0	7.99	1.0	0.00
ORANGE SMILES	(4.7 OZ) E	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00

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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			525	30	921	7.00	2.34	670.1	1500	85.33	42	30.00	78.02	12.00	6.00
% of Calories											32.0%	22.9%	59.4%	20.6%	10.3%
Nutrient Guideline			600-650		1230										<10.00

Wed - 04/17/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	3.82
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MAYONNAISE:individual PC	1 EA	1	70	5	45	0.00	0.00	0.0	0	0.0	0	0.0	0.0	7.0	1.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			655	54	1161	5.46	3.96	330.9	12718	13.21	38	26.92	70.14	29.33	6.34
% of Calories											23.0%	16.4%	42.8%	40.3%	8.7%
Nutrient Guideline			600-650		1230										<10.00

Thu - 04/18/2019															
SUPPER	Total	1													
CHOICE OF:	each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF TACO STICK IW	1 EACH	1	345	52	631	3.85	2.77	328.8	252	6.37	1	20.07	31.87	12.82	8.35
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CELERY STICKS, 2.29 OZ	1 EACH	1	11	0	57	1.53	0.14	30.6	306	1.83	2	0.76	2.29	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
APPLESAUCE ,UNSWEETENED	1/2 CUP	1	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			644	67	1138	6.59	2.91	568.6	1354	8.76	37	28.83	72.17	24.82	9.85
% of Calories											23.3%	17.9%	44.8%	34.7%	13.8%
Nutrient Guideline			600-650		1230										<10.00

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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/23/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF BEAN AND CHEESE BURRITO	1 EACH	1	360	25	460	5.00	1.44	100.0	400	1.2	3	16.0	40.0	15.0	7.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS, BABY, RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02
RANCH, BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
ORANGE SMILES	(4.7 OZ) EACH	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			695	40	977	10.47	2.38	377.3	13229	82.76	42	25.55	89.04	27.11	8.52
% of Calories											24.2%	14.7%	51.3%	35.1%	11.0%
Nutrient Guideline			600-650		1230										<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/24/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FLAQUITO; CHILE AND CHEESE	1 EACH	1	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
FRUIT COCKTAIL: canned, lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			586	36	603	6.39	7.08	774.0	1458	8.79	38	29.47	84.92	11.50	5.50
% of Calories											25.9%	20.1%	58.0%	17.7%	8.5%
Nutrient Guideline			600-650		1230										<10.00

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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/25/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF DOUBLE DOGS	1 EACH	1	323	30	420	2.00	2.32	10.0	55	0.2	6	15.0	41.0	11.0	3.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CELERY STICKS, 2.29 OZ	1 EACH	1	11	0	57	1.53	0.14	30.6	306	1.83	2	0.76	2.29	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
APPLESAUCE ,UNSWEETENED	1/2 CUP	1	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MUSTARD: individual PC	1 EA	1	0	0	70	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			632	45	1077	4.74	2.46	249.8	1162	2.59	44	23.76	83.30	23.00	4.50
% of Calories											27.7%	15.0%	52.7%	32.8%	6.4%
Nutrient Guideline			600-650		1230										<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/26/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FIESTA CHILI LIME DIPPERS	1 EACH	1	150	5	280	7.00	1.80	80.0	500	0.0	2	6.0	20.0	5.0	1.00
TORTILLA CHIPS (NEW)	1 EACH	1	280	0	300	3.00	1.00	2.9	4	0.0	1	3.0	31.0	16.0	2.30
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			760	20	1097	12.47	3.56	320.1	12982	2.21	46	17.54	98.01	33.11	4.82
% of Calories											24.0%	9.2%	51.6%	39.2%	5.7%
Nutrient Guideline			600-650		1230										<10.00

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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/29/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GALAXY PIZZA (IW)	1 EACH	1	290	30	520	3.00	2.70	250.0	300	0.0	9	16.0	29.0	12.0	6.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS BABY CHILI LIME	1 EACH	1	25	0	200	2.00	0.36	20.0	4500	4.8	4	1.0	6.0	0.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			495	35	920	5.00	3.06	470.0	5550	4.80	49	25.00	72.00	12.00	6.00
% of Calories											39.6%	20.2%	58.2%	21.8%	10.9%
Nutrient Guideline			600-650		1230										<10.00

Tue - 04/30/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORNDOG TRKY, WG	1 EACH	1	240	15	670	4.00	1.80	60.0	55	15.0	11	11.0	33.0	7.0	1.50
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
SWEET BBQ BEANS	1/2 CUP	1	120	0	474	5.73	1.73	59.5	99	0.08	5	6.7	23.38	0.01	0.00
ORANGE SMILES	(4.7 OZ) E	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			596	20	1680	12.73	3.71	369.6	1285	94.43	55	26.70	108.65	7.01	1.50
% of Calories											36.7%	17.9%	72.9%	10.6%	2.3%
Nutrient Guideline			600-650		1230										<10.00

Weighted Average			584	40	982	7.09	2.89	486.2	4685	27.34	43	26.39	80.18	17.80	5.70
											66.9%	18.1%	54.9%	27.4%	8.8%

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Adelanto Child Nutrition

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Error Messages (if any)
Calories	584		600 - 650		97%			16									Correction Required - Calories are Low
Cholesterol (mg)	40																
Sodium (mg)	982		1230														
Fiber (g)	7.09																
Iron (mg)	2.89																
Calcium (mg)	486.2																
Vitamin A (IU)	4685																
Sugars (g)	43	29.73%															
Vitamin C (mg)	27.34																
Protein (g)	26.39	18.06%															
Carbohydrate (g)	80.18	54.88%															
Total Fat (g)	17.80	27.41%															
Saturated Fat (g)	5.70	8.78%	<10.00%														

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