

# Adelanto Child Nutrition

Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/04/2018															
FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			0												

Wed - 12/05/2018															
FFVP	Total	1													
CARROTS, BABY RANCH SEASONING	1 EACH	1	25	0	199	1.99	0.36	19.9	4485	4.78	4	1.0	5.98	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			25	0	199	1.99	0.36	19.9	4485	4.78	4	1.00	5.98	0.00	0.00
% of Calories											64.0%	16.0%	96.0%	0.0%	0.0%
Nutrient Guideline			0												

Thu - 12/06/2018															
FFVP	Total	1													
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			45	0	8	0.05	0.00	10.0	50	0.60	10	0.00	11.00	0.00	0.00
% of Calories											88.9%	0.0%	97.8%	0.0%	0.0%
Nutrient Guideline			0												

Fri - 12/07/2018															
FFVP	Total	1													
PINEAPPLE CHUNKS; CUPS	1 EA	1	30	0	0	1.00	0.00	0.0	0	30.0	6	0.0	8.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	0	1.00	0.00	0.0	0	30.00	6	0.00	8.00	0.00	0.00
% of Calories											80.0%	0.0%	106.7%	0.0%	0.0%
Nutrient Guideline			0												

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/11/2018															
FFVP	Total	1													
PLUMS,FRESH	1 EACH	1	30	0	0	0.80	0.14	4.0	220	6.24	6	0.4	7.6	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	0	0.80	0.14	4.0	220	6.24	6	0.40	7.60	0.00	0.00
% of Calories											84.2%	5.3%	100.0%	0.0%	0.0%
Nutrient Guideline			0												

Wed - 12/12/2018															
FFVP	Total	1													
APPLE SLICES, 2 OZ	1 EACH	1	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	0	0.99	0.00	19.9	0	20.89	6	0.00	6.96	0.00	0.00
% of Calories											80.0%	0.0%	93.3%	0.0%	0.0%
Nutrient Guideline			0												

Thu - 12/13/2018															
FFVP	Total	1													
MANGO CHUNKS	1 EA	1	39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.00	0.00
% of Calories											89.7%	3.7%	104.7%	0.0%	0.0%
Nutrient Guideline			0												

Fri - 12/14/2018															
FFVP	Total	1													
EDAMAME, FRESH	1 EACH	1	102	0	6	3.00	2.16	60.0	0	5.4	3	9.0	9.0	3.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			102	0	6	3.00	2.16	60.0	0	5.40	3	9.00	9.00	3.00	0.00
% of Calories											11.8%	35.3%	35.3%	26.5%	0.0%
Nutrient Guideline			0												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/17/2018															
FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			0												
Tue - 12/18/2018															
FFVP	Total	1													
CARROTS BABY CHILI LIME	1 EACH	1	25	0	200	2.00	0.36	20.0	4500	4.8	4	1.0	6.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			25	0	200	2.00	0.36	20.0	4500	4.80	4	1.00	6.00	0.00	0.00
% of Calories											64.0%	16.0%	96.0%	0.0%	0.0%
Nutrient Guideline			0												
Wed - 12/19/2018															
FFVP	Total	1													
TOMATOES; GRAPE DROP	2 OZ	1	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45	0.07	*N/A*
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			7	0	2	0.45	0.10	3.7	310	5.10	1	0.33	1.45	0.07	*0.00
% of Calories											58.4%	19.6%	86.4%	10.0%	*0.0%
Nutrient Guideline			0												
Weighted Average															
			45	0	38	1.94	0.36	16.8	929	10.76	8	1.10	10.02	0.28	*0.00
											151.7%	9.8%	89.4%	5.6%	*0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage										
Calories	45		0														
Cholesterol (mg)	0																
Sodium (mg)	38								38								
Fiber (g)	1.94																
Iron (mg)	0.36																
Calcium (mg)	16.8																
Vitamin A (IU)	929																
Sugars (g)	8	67.42%															
Vitamin C (mg)	10.76																
Protein (g)	1.10	9.81%															
Carbohydrate (g)	10.02	89.43%															
Total Fat (g)	0.28	5.61%															
Trans Fat <sup>1</sup> (g)	0.00	0.00%				Missing											

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