

# Adelanto Child Nutrition

Mar 1, 2019 thru Mar 31, 2019

Base Menu Spreadsheet

FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 03/01/2019															
FFVP	Total	1													
BELL PEPPERS, TRI COLOR	1 EA	1	9	0	52	0.94	0.14	7.6	95	14.66	0	0.47	1.89	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			9	0	52	0.94	0.14	7.6	95	14.66	0	0.47	1.89	0.00	0.00
% of Calories											0.0%	19.9%	80.0%	0.0%	0.0%
Nutrient Guideline			0												<10.00

Tue - 03/05/2019															
FFVP	Total	1													
TANGERINE, SATSUMA	1 each	1	47	0	2	1.58	0.13	32.6	599	23.5	9	0.71	11.74	0.27	0.03
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			47	0	2	1.58	0.13	32.6	599	23.50	9	0.71	11.74	0.27	0.03
% of Calories											79.8%	6.1%	100.7%	5.3%	0.5%
Nutrient Guideline			0												<10.00

Wed - 03/06/2019															
FFVP	Total	1													
EDAMAME, FRESH	1 EACH	1	102	0	6	3.00	2.16	60.0	0	5.4	3	9.0	9.0	3.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			102	0	6	3.00	2.16	60.0	0	5.40	3	9.00	9.00	3.00	0.00
% of Calories											11.8%	35.3%	35.3%	26.5%	0.0%
Nutrient Guideline			0												<10.00

Thu - 03/07/2019															
FFVP	Total	1													
APPLE SLICES, 2 OZ	1 EACH	1	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	0	0.99	0.00	19.9	0	20.89	6	0.00	6.96	0.00	0.00
% of Calories											80.0%	0.0%	93.3%	0.0%	0.0%
Nutrient Guideline			0												<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 03/08/2019															
FFVP	Total	1													
CANTALOUPE CHUNK CUPS	1 EA	1	1	0	0	0.02	0.00	0.1	10	0.73	0	0.02	0.17	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			1	0	0	0.02	0.00	0.1	10	0.73	0	0.02	0.17	0.00	0.00
% of Calories											90.5%	9.7%	98.2%	5.3%	1.5%
Nutrient Guideline			0												<10.00

Tue - 03/12/2019															
FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			0												<10.00

Wed - 03/13/2019															
FFVP	Total	1													
CARROTS, BABY RANCH SEASONING	1 EACH	1	25	0	199	1.99	0.36	19.9	4485	4.78	4	1.0	5.98	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			25	0	199	1.99	0.36	19.9	4485	4.78	4	1.00	5.98	0.00	0.00
% of Calories											64.0%	16.0%	96.0%	0.0%	0.0%
Nutrient Guideline			0												<10.00

Thu - 03/14/2019															
FFVP	Total	1													
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			45	0	8	0.05	0.00	10.0	50	0.60	10	0.00	11.00	0.00	0.00
% of Calories											88.9%	0.0%	97.8%	0.0%	0.0%
Nutrient Guideline			0												<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 03/15/2019															
FFVP	Total	1													
PINEAPPLE CHUNKS; CUPS	1 EA	1	30	0	0	1.00	0.00	0.0	0	30.0	6	0.0	8.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			30	0	0	1.00	0.00	0.0	0	30.00	6	0.00	8.00	0.00	0.00
% of Calories											80.0%	0.0%	106.7%	0.0%	0.0%
Nutrient Guideline			0												<10.00

Tue - 03/19/2019															
FFVP	Total	1													
TANGERINE, SATSUMA	1 each	1	47	0	2	1.58	0.13	32.6	599	23.5	9	0.71	11.74	0.27	0.03
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			47	0	2	1.58	0.13	32.6	599	23.50	9	0.71	11.74	0.27	0.03
% of Calories											79.8%	6.1%	100.7%	5.3%	0.5%
Nutrient Guideline			0												<10.00

Wed - 03/20/2019															
FFVP	Total	1													
CARROTS, BABY RANCH SEASONING	1 EACH	1	25	0	199	1.99	0.36	19.9	4485	4.78	4	1.0	5.98	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			25	0	199	1.99	0.36	19.9	4485	4.78	4	1.00	5.98	0.00	0.00
% of Calories											64.0%	16.0%	96.0%	0.0%	0.0%
Nutrient Guideline			0												<10.00

Thu - 03/21/2019															
FFVP	Total	1													
TOMATOES; GRAPE DROP	2 OZ	1	10	0	3	0.76	0.14	3.8	476	7.31	2	0.38	2.28	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			10	0	3	0.76	0.14	3.8	476	7.31	2	0.38	2.28	0.00	0.00
% of Calories											59.3%	14.8%	88.9%	0.0%	0.0%
Nutrient Guideline			0												<10.00

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 03/22/2019															
FFVP	Total	1													
ZUCCHINI STICKS	2 OZ	1	2	0	10	0.01	0.00	0.0	0	0.0	0	0.04	0.29	0.08	0.01
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			2	0	10	0.01	0.00	0.0	0	0.00	0	0.04	0.29	0.08	0.01
% of Calories											5.4%	8.0%	56.0%	36.0%	6.0%
Nutrient Guideline			0												<10.00

Weighted Average			35	0	37	1.46	0.29	17.4	838	11.40	5	1.03	7.46	0.28	0.01
											139.8%	11.8%	85.8%	7.2%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	35		0					
Cholesterol (mg)	0							
Sodium (mg)	37						37	
Fiber (g)	1.46							
Iron (mg)	0.29							
Calcium (mg)	17.4							
Vitamin A (IU)	838							
Sugars (g)	5	62.12%						
Vitamin C (mg)	11.40							
Protein (g)	1.03	11.78%						
Carbohydrate (g)	7.46	85.78%						
Total Fat (g)	0.28	7.23%						
Saturated Fat (g)	0.01	0.14%	<10.00%					

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