

Adelanto Child Nutrition

Mar 1, 2019 thru Mar 31, 2019

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 1

Generated on: 2/20/2019 11:08:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 03/01/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY DINOSAUR GRAHAM	1 EACH	1	121	0	96	1.01	2.03	15.2	352	4.05	7	1.01	20.25	3.04	0.51
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE 8 OZ	6 OZ	1	83	0	4	0.00	0.00	0.0	0	0.0	21	0.0	21.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			204	0	100	1.01	2.03	15.2	352	4.05	28	1.01	41.25	3.04	0.51
% of Calories											55.1%	2.0%	80.9%	13.4%	2.2%
Nutrient Guideline			250		540										<10.00

Mon - 03/04/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI OATMEAL CHOC CHIP BAR	1 EACH	1	140	0	115	3.00	1.08	100.0	0	0.0	10	2.0	24.0	4.0	1.50
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			380	20	450	3.00	1.08	600.0	1500	0.00	48	20.00	63.00	6.50	3.00
% of Calories											50.5%	21.1%	66.3%	15.4%	7.1%
Nutrient Guideline			250		540										<10.00

Tue - 03/05/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
JUNGLE CRACKERS: 1oz WG	1 oz	1	130	0	95	1.00	0.72	150.0	0	0.0	8	2.0	20.0	4.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			370	20	430	1.00	0.72	650.0	1500	0.00	46	20.00	59.00	6.50	1.50
% of Calories											49.7%	21.6%	63.8%	15.8%	3.6%
Nutrient Guideline			250		540										<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Mar 1, 2019 thru Mar 31, 2019

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 2

Generated on: 2/20/2019 11:08:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 03/06/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE, STRING RV	1 oz	1	81	15	202	0.00	0.00	202.5	202	0.0	0	8.1	1.01	5.06	3.04
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			126	15	210	0.05	0.00	212.5	252	0.60	10	8.10	12.01	5.06	3.04
% of Calories											31.7%	25.7%	38.1%	36.2%	21.7%
Nutrient Guideline			250		540										<10.00
Thu - 03/07/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RICE KRISPIES	2 EACH	1	363	0	464	0.00	5.44	0.0	403	0.0	28	4.03	66.53	8.06	4.03
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			603	20	799	0.00	5.44	500.0	1903	0.00	66	22.03	105.53	10.56	5.53
% of Calories											43.9%	14.6%	70.0%	15.8%	8.3%
Nutrient Guideline			250		540										<10.00
Fri - 03/08/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MUFFIN, BLUEBERRY, BUE NA V	1 EACH	1	140	15	140	0.00	1.00	9.0	0	0.0	10	2.0	23.01	4.0	0.50
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
VERY BERRY JUICE 8 OZ	1 EACH	1	120	0	2	1.00	0.00	20.0	0	0.0	29	1.0	29.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			260	15	142	1.00	1.00	29.0	0	0.00	39	3.00	52.01	4.00	0.50
% of Calories											60.0%	4.6%	80.0%	13.8%	1.7%
Nutrient Guideline			250		540										<10.00

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Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 3

Generated on: 2/20/2019 11:08:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 03/11/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MAPLE BROWN SUGAR BA	1 EACH	1	140	0	115	3.00	1.08	100.0	50	0.0	10	2.0	24.0	4.0	1.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			380	20	450	3.00	1.08	600.0	1550	0.00	48	20.00	63.00	6.50	2.50
% of Calories											50.5%	21.1%	66.3%	15.4%	5.9%
Nutrient Guideline			250		540										<10.00
Tue - 03/12/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FRUIT LOOP BITES	1 EACH	1	110	0	160	2.00	4.50	0.0	500	15.0	8	2.0	24.0	1.0	0.50
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			350	20	495	2.00	4.50	500.0	2000	15.00	46	20.00	63.00	3.50	2.00
% of Calories											52.6%	22.9%	72.0%	9.0%	5.1%
Nutrient Guideline			250		540										<10.00
Wed - 03/13/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			320	20	335	5.00	0.36	520.0	1600	12.00	55	18.00	61.00	2.50	1.50
% of Calories											68.7%	22.5%	76.3%	7.0%	4.2%
Nutrient Guideline			250		540										<10.00

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Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 4

Generated on: 2/20/2019 11:08:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 03/14/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MUFFIN, DBL CHOCOLATE, WITH	1 EACH	1	150	10	130	0.00	1.00	16.0	0	0.0	10	2.0	23.01	5.0	1.00
MILK, 1% ROCKVIEW	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
Signature of Server	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			390	30	465	0.00	1.00	516.0	1500	0.00	48	20.00	62.01	7.50	2.50
% of Calories											49.2%	20.5%	63.6%	17.3%	5.8%
Nutrient Guideline			250		540										<10.00

Fri - 03/15/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEEZ-IT, WHOLE GRAIN WITH	1 EACH	1	100	5	150	1.00	0.72	100.0	500	0.0	0	2.0	14.0	3.5	1.00
APPLE JUICE 8 OZ	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Signature of Server	6 OZ	1	83	0	4	0.00	0.00	0.0	0	0.0	21	0.0	21.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			183	5	154	1.00	0.72	100.0	500	0.00	21	2.00	35.00	3.50	1.00
% of Calories											46.0%	4.4%	76.7%	17.3%	4.9%
Nutrient Guideline			250		540										<10.00

Mon - 03/18/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MUFFIN, BLUEBERRY, BUE NA V WITH	1 EACH	1	140	15	140	0.00	1.00	9.0	0	0.0	10	2.0	23.01	4.0	0.50
MILK, 1% ROCKVIEW	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
Signature of Server	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			380	35	475	0.00	1.00	509.0	1500	0.00	48	20.00	62.01	6.50	2.00
% of Calories											50.5%	21.0%	65.3%	15.4%	4.7%
Nutrient Guideline			250		540										<10.00

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AFTER SCHOOL SNACK

Portion Values - Detailed

Page 5

Generated on: 2/20/2019 11:08:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 03/19/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHOCOLATE CARAMEL CHEX MI WITH	1 EACH	1	120	0	65	2.00	1.08	0.0	0	0.0	7	2.0	21.0	4.0	1.00
MILK, 1% ROCKVIEW	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
Signature of Server	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			360	20	400	2.00	1.08	500.0	1500	0.00	45	20.00	60.00	6.50	2.50
% of Calories											50.0%	22.2%	66.7%	16.2%	6.2%
Nutrient Guideline			250		540										<10.00

Wed - 03/20/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRAPE ESCAPES	1 EACH	1	45	0	8	0.05	0.00	10.0	50	0.6	10	0.0	11.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE, STRING RV	1 oz	1	81	15	202	0.00	0.00	202.5	202	0.0	0	8.1	1.01	5.06	3.04
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			126	15	210	0.05	0.00	212.5	252	0.60	10	8.10	12.01	5.06	3.04
% of Calories											31.7%	25.7%	38.1%	36.2%	21.7%
Nutrient Guideline			250		540										<10.00

Thu - 03/21/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RICE KRISPIES	1 EACH	1	181	0	232	0.00	2.72	0.0	202	0.0	14	2.02	33.26	4.03	2.02
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			421	20	567	0.00	2.72	500.0	1702	0.00	52	20.01	72.26	6.53	3.51
% of Calories											49.5%	19.0%	68.6%	13.9%	7.5%
Nutrient Guideline			250		540										<10.00

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Page 6

Generated on: 2/20/2019 11:08:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 03/22/2019															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY DINOSAUR GRAHAM	1 EACH	1	121	0	96	1.01	2.03	15.2	352	4.05	7	1.01	20.25	3.04	0.51
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
VERY BERRY JUICE 8 OZ	1 EACH	1	120	0	2	1.00	0.00	20.0	0	0.0	29	1.0	29.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			241	0	98	2.01	2.03	35.2	352	4.05	36	2.01	49.25	3.04	0.51
% of Calories											59.8%	3.3%	81.6%	11.3%	1.9%
Nutrient Guideline			250		540										<10.00

Weighted Average			318	17	361	1.32	1.55	375.0	1123	2.27	40	14.02	54.52	5.42	2.20
											114.2%	17.6%	68.5%	15.3%	6.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	318		250	127%				
Cholesterol (mg)	17							
Sodium (mg)	361		540					
Fiber (g)	1.32							
Iron (mg)	1.55							
Calcium (mg)	375.0							
Vitamin A (IU)	1123							
Sugars (g)	40	50.76%						
Vitamin C (mg)	2.27							
Protein (g)	14.02	17.61%						
Carbohydrate (g)	54.52	68.49%						
Total Fat (g)	5.42	15.33%						
Saturated Fat (g)	2.20	6.21%	<10.00%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.