

Adelanto Child Nutrition

Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/03/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MAPLE BROWN SUGAR BA	1 EACH	1	140	0	115	3.00	1.08	100.0	50	0.0	10	2.0	24.0	4.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			380	20	450	3.00	1.08	600.0	1550	0.00	48	20.00	63.00	6.50	0.00
% of Calories											50.5%	21.1%	66.3%	15.4%	0.0%
Nutrient Guideline			250		540										

Tue - 12/04/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEEZ-IT, WHOLE GRAIN	1 EACH	1	100	5	150	1.00	0.72	100.0	500	0.0	0	2.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			340	25	485	1.00	0.72	600.0	2000	0.00	38	20.00	53.00	6.00	0.00
% of Calories											44.7%	23.5%	62.4%	15.9%	0.0%
Nutrient Guideline			250		540										

Wed - 12/05/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			320	20	335	5.00	0.36	520.0	1600	12.00	55	18.00	61.00	2.50	0.00
% of Calories											68.7%	22.5%	76.3%	7.0%	0.0%
Nutrient Guideline			250		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Adelanto Child Nutrition

Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 12/06/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MUFFIN, DBL CHOCOLATE,	1 EACH	1	150	10	130	0.00	1.00	16.0	0	0.0	10	2.0	23.01	5.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			390	30	465	0.00	1.00	516.0	1500	0.00	48	20.00	62.01	7.50	0.00
% of Calories											49.2%	20.5%	63.6%	17.3%	0.0%
Nutrient Guideline			250		540										

Fri - 12/07/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
JUNGLE CRACKERS: 1oz WG	1 oz	1	130	0	95	1.00	0.72	150.0	0	0.0	8	2.0	20.0	4.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE 8 OZ	6 OZ	1	83	0	4	0.00	0.00	0.0	0	0.0	21	0.0	21.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			213	0	99	1.00	0.72	150.0	0	0.00	29	2.00	41.00	4.00	0.00
% of Calories											54.6%	3.8%	77.2%	16.9%	0.0%
Nutrient Guideline			250		540										

Mon - 12/10/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI MUFFIN, BLUEBERRY, BUE	1 EACH	1	140	15	140	0.00	1.00	9.0	0	0.0	10	2.0	23.01	4.0	0.00
NA V															
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			380	35	475	0.00	1.00	509.0	1500	0.00	48	20.00	62.01	6.50	0.00
% of Calories											50.5%	21.0%	65.3%	15.4%	0.0%
Nutrient Guideline			250		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/11/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRAHAM;LEMON DINOSAUR	1 EACH	1	111	0	96	1.01	1.82	20.2	304	*N/A*	6	2.03	20.25	3.54	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			351	20	431	1.01	1.82	520.2	1804	*0.00	44	20.02	59.25	6.04	0.00
% of Calories											50.2%	22.8%	67.4%	15.5%	0.0%
Nutrient Guideline			250		540										

Wed - 12/12/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			320	20	335	5.00	0.36	520.0	1600	12.00	55	18.00	61.00	2.50	0.00
% of Calories											68.7%	22.5%	76.3%	7.0%	0.0%
Nutrient Guideline			250		540										

Thu - 12/13/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RICE KRISPIES	1 EACH	1	181	0	232	0.00	2.72	0.0	202	0.0	14	2.02	33.26	4.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			421	20	567	0.00	2.72	500.0	1702	0.00	52	20.01	72.26	6.53	0.00
% of Calories											49.5%	19.0%	68.6%	13.9%	0.0%
Nutrient Guideline			250		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 12/14/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
STRAWBERRY DINOSAUR GRA HAM	1 EACH	1	121	0	96	1.01	2.03	15.2	352	4.05	7	1.01	20.25	3.04	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
VERY BERRY JUICE 8 OZ	1 EACH	1	120	0	2	1.00	0.00	20.0	0	0.0	29	1.0	29.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			241	0	98	2.01	2.03	35.2	352	4.05	36	2.01	49.25	3.04	0.00
% of Calories											59.8%	3.3%	81.6%	11.3%	0.0%
Nutrient Guideline			250		540										

Mon - 12/17/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MINI OATMEAL CHOC CHIP BAR	1 EACH	1	140	0	115	3.00	1.08	100.0	0	0.0	10	2.0	24.0	4.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			380	20	450	3.00	1.08	600.0	1500	0.00	48	20.00	63.00	6.50	0.00
% of Calories											50.5%	21.1%	66.3%	15.4%	0.0%
Nutrient Guideline			250		540										

Tue - 12/18/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEEZ-IT, WHOLE GRAIN	1 EACH	1	100	5	150	1.00	0.72	100.0	500	0.0	0	2.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00

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Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			340	25	485	1.00	0.72	600.0	2000	0.00	38	20.00	53.00	6.00	0.00
% of Calories											44.7%	23.5%	62.4%	15.9%	0.0%
Nutrient Guideline			250		540										

Wed - 12/19/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			320	20	335	5.00	0.36	520.0	1600	12.00	55	18.00	61.00	2.50	0.00
% of Calories											68.7%	22.5%	76.3%	7.0%	0.0%
Nutrient Guideline			250		540										

Thu - 12/20/2018															
AFTER SCHOOL SNACK	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RICE KRISPIES	1 EACH	1	181	0	232	0.00	2.72	0.0	202	0.0	14	2.02	33.26	4.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			421	20	567	0.00	2.72	500.0	1702	0.00	52	20.01	72.26	6.53	0.00
% of Calories											49.5%	19.0%	68.6%	13.9%	0.0%
Nutrient Guideline			250		540										

Weighted Average			344	20	398	1.93	1.19	477.9	1458	*2.86	46	17.00	59.50	5.19	0.00
											120.7%	19.8%	69.2%	13.6%	0.0%

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Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage								
Calories	344		250		138%												
Cholesterol (mg)	20																
Sodium (mg)	398		540														
Fiber (g)	1.93																
Iron (mg)	1.19																
Calcium (mg)	477.9																
Vitamin A (IU)	1458																
Sugars (g)	46	53.66%															
Vitamin C (mg)	2.86					Missing											
Protein (g)	17.00	19.76%															
Carbohydrate (g)	59.50	69.16%															
Total Fat (g)	5.19	13.57%															
Trans Fat ¹ (g)	0.00	0.00%															

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.