

Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/01/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MAC & CHEESE TRAY	1 EACH	1	380	50	620	5.00	1.44	450.0	1750	12.0	2	19.0	37.0	16.0	7.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
COOKED BROCCOLI	1/2 CUP	1	32	2	16	1.94	0.35	29.2	283	58.32	0	1.94	4.37	0.81	0.57	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			592	57	837	6.94	1.79	689.2	2783	70.32	39	28.94	79.37	16.81	7.57	0.00
% of Calories											26.3%	19.5%	53.6%	25.5%	11.5%	0.0%
Nutrient Guideline			600-650		1230											<10.00

Mon - 02/04/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ITALIAN PINWHEEL SANDWIC	1 EACH	1	280	20	600	3.00	2.70	250.0	200	9.0	1	18.0	28.0	10.0	5.00	0.00
H IW	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00	0.00
PEARS: canned,light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			447	25	942	5.92	3.42	470.0	1277	11.40	30	27.00	62.31	10.00	5.00	0.00
% of Calories											27.3%	24.1%	55.7%	20.1%	10.1%	0.0%
Nutrient Guideline			600-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/05/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BEEF BEAN AND CHEESE BURRITO	1 EACH	1	360	25	460	5.00	1.44	100.0	400	1.2	3	16.0	40.0	15.0	7.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			690	40	977	7.47	2.20	337.2	12878	3.41	46	24.54	87.01	27.11	8.52	0.00
% of Calories											26.7%	14.2%	50.5%	35.4%	11.1%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Wed - 02/06/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WOW BUTTER EZ JAMMERS	2.4 OZ	1	1368	0	1056	19.20	12.96	360.0	0	0.0	50	45.6	132.0	76.8	14.40	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			1718	15	1572	26.67	14.08	607.2	12578	14.21	95	54.14	186.01	88.91	15.92	0.00
% of Calories											22.2%	12.6%	43.3%	46.6%	8.3%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

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Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/07/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CHEESE & CHILE QUESADILLA IW	1 EACH	1	291	40	364	4.23	1.80	300.0	300	2.4	1	15.39	28.21	13.75	6.56	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
REFRIED BEANS, NO FAT	1/2 cup	1	114	0	140	7.00	1.08	20.0	0	0.0	2	7.0	19.0	0.74	0.00	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			585	45	704	11.23	2.88	520.0	1050	2.40	39	30.39	84.21	14.49	6.56	0.00
% of Calories											26.7%	20.8%	57.6%	22.3%	10.1%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Fri - 02/08/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
TURKEY HAM & CHEESE CROISSANT	1 EACH	1	310	40	810	3.00	2.70	200.0	400	0.0	5	20.0	30.0	12.0	6.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS, BABY, RAW	2 oz	1	20	0	44	1.64	0.50	18.1	7819	1.47	3	0.36	4.67	0.07	0.01	0.00
RANCH, BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
KIWI	1/4 CUP	1	35	0	2	1.60	0.17	19.2	48	52.47	5	0.64	8.33	0.32	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			604	55	1306	6.25	3.38	437.4	9017	53.94	37	29.00	68.00	24.39	7.51	0.00
% of Calories											24.4%	19.2%	45.0%	36.3%	11.2%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

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Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/12/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GALAXY PIZZA (IW)	1 EACH	1	290	30	520	3.00	2.70	250.0	300	0.0	9	16.0	29.0	12.0	6.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			620	45	1036	5.47	3.46	477.2	12778	2.21	51	24.54	75.01	24.11	7.52	0.00
% of Calories											32.9%	15.8%	48.4%	35.0%	10.9%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Wed - 02/13/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	3.82	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
APPLESAUCE ,UNSWEETENED	1/4 CUP	1	24	0	0	0.60	0.00	4.6	23	0.28	6	0.0	6.51	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			567	49	1034	5.37	3.78	335.5	12587	12.30	36	26.68	66.69	22.33	5.34	0.00
% of Calories											25.3%	18.8%	47.0%	35.4%	8.5%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

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Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/14/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GRILLED CHEESE/ WHOLE GR AIN	1 EA	1	282	32	651	2.25	1.22	464.3	520	0.0	7	18.41	30.32	10.08	5.71	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CUCUMBER COINS 2.58 OZ	1 EACH	1	12	0	2	1.00	0.00	40.1	3507	1.8	1	1.0	2.0	0.0	0.00	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
ORANGE SMILES	(4.7 OZ) EACH	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			599	47	1104	6.26	1.40	754.4	5127	81.15	43	28.41	74.36	22.08	7.21	0.00
% of Calories											28.6%	19.0%	49.6%	33.1%	10.8%	0.0%
Nutrient Guideline			600-650		1230											<10.00

Fri - 02/15/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BEEF AND CHEESE CHALUPA	1 EACH	1	244	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
REFRIED BEANS, NO FAT	1/2 cup	1	114	0	140	7.00	1.08	20.0	0	0.0	2	7.0	19.0	0.74	0.00	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			538	49	745	7.32	1.92	577.1	1046	0.24	40	31.28	68.18	14.68	5.92	0.00
% of Calories											29.7%	23.2%	50.6%	24.5%	9.9%	0.0%
Nutrient Guideline			600-650		1230											<10.00

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Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/19/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
PIZZA,PEPPERONI,BELLA ROSA	1 EACH	1	340	40	670	3.00	1.80	400.0	750	6.0	4	19.0	31.0	16.0	8.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			670	55	1187	5.47	2.56	637.2	13228	8.21	47	27.54	78.01	28.11	9.52	0.00
% of Calories											28.1%	16.4%	46.6%	37.8%	12.8%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Wed - 02/20/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FIESTA CHILI LIME DIPPERS	1 EACH	1	150	5	280	7.00	1.80	80.0	500	0.0	2	6.0	20.0	5.0	1.00	0.00
TORTILLA CHIPS (NEW)	1 EACH	1	280	0	300	3.00	1.00	2.9	4	0.0	1	3.0	31.0	16.0	2.30	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			611	10	849	13.16	3.74	310.1	13131	3.40	35	17.78	88.97	21.11	3.32	0.00
% of Calories											22.9%	11.6%	58.2%	31.1%	4.9%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Thu - 02/21/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
TACO NADA, TURKEY	5 oz	1	309	30	419	4.99	3.59	79.9	200	1.2	1	17.97	39.93	9.98	2.50	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00	0.00
APPLESAUCE ,UNSWEETENED	1/4 CUP	1	24	0	0	0.60	0.00	4.6	23	0.28	6	0.0	6.51	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00

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Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			473	35	759	7.60	4.31	304.5	1273	3.88	31	26.97	73.43	9.98	2.50	0.00
% of Calories											25.8%	22.8%	62.1%	19.0%	4.7%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Fri - 02/22/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FLAUQUITO; CHILE AND CHEE	1 EACH	1	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00
SE IW																
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00	0.00
ORANGE SMILES	(4.7 OZ)	1	65	0	1	3.01	0.18	50.1	351	79.34	11	1.0	17.03	0.0	0.00	0.00
	EACH															
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			588	36	599	8.01	6.90	824.1	1511	85.74	36	30.00	86.03	11.50	5.50	0.00
% of Calories											24.5%	20.4%	58.5%	17.6%	8.4%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Mon - 02/25/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GALAXY PIZZA (IW)	1 EACH	1	290	30	520	3.00	2.70	250.0	300	0.0	9	16.0	29.0	12.0	6.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS BABY CHILI LIME	1 EACH	1	25	0	200	2.00	0.36	20.0	4500	4.8	4	1.0	6.0	0.0	0.00	0.00
PEARS: canned, light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			462	35	922	5.91	3.06	470.0	5577	4.80	40	25.00	65.32	12.00	6.00	0.00
% of Calories											35.0%	21.6%	56.5%	23.4%	11.7%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

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Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/26/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CORNDOG TRKY, WG	1 EACH	1	240	15	670	4.00	1.80	60.0	55	15.0	11	11.0	33.0	7.0	1.50	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			621	30	1521	6.47	2.56	287.2	12564	17.21	59	19.54	91.24	19.11	3.02	0.00
% of Calories											38.1%	12.6%	58.8%	27.7%	4.4%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/27/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BEEF TACO STICK IW	1 EACH	1	345	52	631	3.85	2.77	328.8	252	6.37	1	20.07	31.87	12.82	8.35	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CELERY STICKS (2OZ)	2 OZ	1	9	0	45	0.91	0.11	22.7	255	1.76	1	0.39	1.68	0.1	0.02	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			674	67	1126	9.76	3.24	571.5	1356	20.13	43	28.46	80.55	24.92	9.87	0.00
% of Calories											25.4%	16.9%	47.8%	33.3%	13.2%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

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Adelanto Child Nutrition

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/28/2019																
SUPPER	Total	1														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WOW BUTTER EZ JAMMERS	2.4 OZ	1	1368	0	1056	19.20	12.96	360.0	0	0.0	50	45.6	132.0	76.8	14.40	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CARROTS,BABY,RAW	2 oz	1	20	0	44	1.64	0.50	18.1	7819	1.47	3	0.36	4.67	0.07	0.01	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	1.50	0.00
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	1.50	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			1659	15	1553	21.54	13.64	578.1	8718	2.67	84	54.19	169.63	88.87	15.91	0.00
% of Calories											20.1%	13.1%	40.9%	48.2%	8.6%	0.0%
Nutrient Guideline			600-650		1230										<10.00	

Weighted Average			707	39	1043	9.27	4.35	510.4	7138	22.09	46	29.69	88.02	26.70	7.37	0.00
											58.8%	16.8%	49.8%	34.0%	9.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	707		600 - 650	109%			57	Correction Required - Calories too High
Cholesterol (mg)	39							
Sodium (mg)	1043		1230					
Fiber (g)	9.27							
Iron (mg)	4.35							
Calcium (mg)	510.4							
Vitamin A (IU)	7138							
Sugars (g)	46	26.14%						
Vitamin C (mg)	22.09							
Protein (g)	29.69	16.81%						
Carbohydrate (g)	88.02	49.82%						
Total Fat (g)	26.70	34.00%						
Saturated Fat (g)	7.37	9.39%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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