

# Adelanto Child Nutrition

Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/03/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHILI CHEESE DOG IW	1 EACH	1	298	30	628	3.00	2.35	197.1	577	0.3	4	16.86	32.53	11.04	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CELERY STICKS, 2.29 OZ	1 EACH	1	11	0	57	1.53	0.14	30.6	306	1.83	2	0.76	2.29	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
PEARS: canned,light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			577	45	1138	5.44	2.49	427.7	1660	2.13	35	25.62	67.14	23.04	0.00
% of Calories											24.4%	17.8%	46.5%	35.9%	0.0%
Nutrient Guideline			600-650		1230										

Tue - 12/04/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE STUFFED STICKS	2 EACH	1	300	25	490	3.00	1.80	400.0	200	0.0	4	20.0	30.0	11.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
PINEAPPLE CHUNKS; CUPS	1 EA	1	30	0	0	1.00	0.00	0.0	0	30.0	6	0.0	8.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			600	40	1006	6.47	2.56	627.2	12678	32.21	38	28.54	70.01	23.11	0.00
% of Calories											25.4%	19.0%	46.7%	34.7%	0.0%
Nutrient Guideline			600-650		1230										

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/05/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MAYONNAISE:individual PC	1 EA	1	70	5	45	0.00	0.00	0.0	0	0.0	0	0.0	0.0	7.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			570	44	860	5.00	3.92	303.7	1010	14.60	35	28.37	76.14	18.22	0.00
% of Calories											24.3%	19.9%	53.4%	28.8%	0.0%
Nutrient Guideline			600-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/06/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEAN & CHEESE BURRITO	1 EA	1	397	16	447	9.00	1.57	312.0	216	1.4	1	18.5	56.0	11.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
PEARS: canned,light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	0	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			584	21	949	11.91	2.29	532.0	1303	3.80	32	27.50	94.31	11.00	0.00
% of Calories											22.0%	18.8%	64.6%	16.9%	0.0%
Nutrient Guideline			600-650		1230										

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/07/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MAC & CHEESE TRAY	1 EACH	1	380	50	620	5.00	1.44	450.0	1750	12.0	2	19.0	37.0	16.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BROCCOLI BUDS	1/2 CUP	1	16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			696	65	1081	6.26	1.67	678.9	2657	49.71	41	28.26	79.83	28.00	0.00
% of Calories											23.6%	16.2%	45.9%	36.2%	0.0%
Nutrient Guideline			600-650		1230										

Mon - 12/10/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ITALIAN PINWHEEL SANDWICH I	1 EACH	1	280	20	600	3.00	2.70	250.0	200	9.0	1	18.0	28.0	10.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			525	25	816	5.00	3.42	460.0	970	12.60	41	28.00	81.00	11.00	0.00
% of Calories											31.2%	21.3%	61.7%	18.9%	0.0%
Nutrient Guideline			600-650		1230										

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Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/11/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF BEAN AND CHEESE BURRITO	1 EACH	1	360	25	460	5.00	1.44	100.0	400	1.2	3	16.0	40.0	15.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
RAISELS-FRUIT SPLASH	1 EACH	1	140	0	0	1.00	0.72	20.0	0	60.0	27	1.0	34.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			770	40	976	8.47	2.92	347.2	12878	63.41	58	25.54	106.01	27.11	0.00
% of Calories											30.2%	13.3%	55.1%	31.7%	0.0%
Nutrient Guideline			600-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/12/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WOW BUTTER EZ JAMMERS	2.4 OZ	1	1368	0	1056	19.20	12.96	360.0	0	0.0	50	45.6	132.0	76.8	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			1698	15	1572	21.67	13.72	587.2	12478	2.21	92	54.14	178.01	88.91	0.00
% of Calories											21.8%	12.8%	41.9%	47.1%	0.0%
Nutrient Guideline			600-650		1230										

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Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/13/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE & CHILE QUESADILLA I WITH	1 EACH	1	291	40	364	4.23	1.80	300.0	300	2.4	1	15.39	28.21	13.75	0.00
CUCUMBER COINS 2.58 OZ	1 EACH	1	12	0	2	1.00	0.00	40.1	3507	1.8	1	1.0	2.0	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
PEARS: canned,light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	0	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			590	55	979	6.15	1.80	540.1	4594	4.20	33	24.39	66.53	25.75	0.00
% of Calories											22.5%	16.5%	45.1%	39.3%	0.0%
Nutrient Guideline			600-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/14/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRILLED CHEESE/ WHOLE GRAI WITH	1 EA	1	282	32	651	2.25	1.22	464.3	520	0.0	7	18.41	30.32	10.08	0.00
CARROTS,BABY,RAW	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
RANCH,BUTTERMILK PACKET	2 oz	1	20	0	44	1.64	0.50	18.1	7819	1.47	3	0.36	4.67	0.07	0.00
KIWI	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
MILK, 1% ROCKVIEW	1/2 CUP	1	69	0	3	3.20	0.35	38.4	96	104.94	10	1.28	16.66	0.64	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			611	47	1148	7.10	2.07	720.8	9185	106.42	44	28.05	76.65	22.79	0.00
% of Calories											28.7%	18.4%	50.2%	33.6%	0.0%
Nutrient Guideline			600-650		1230										

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Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/17/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF DOUBLE DOGS	1 EACH	1	323	30	420	2.00	2.32	10.0	55	0.2	6	15.0	41.0	11.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CELERY STICKS, 2.29 OZ	1 EACH	1	11	0	57	1.53	0.14	30.6	306	1.83	2	0.76	2.29	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MUSTARD: individual PC	1 EA	1	0	0	70	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			647	45	1082	4.92	2.82	240.6	1414	4.42	45	24.23	86.21	23.00	0.00
% of Calories											28.1%	15.0%	53.3%	32.0%	0.0%
Nutrient Guideline			600-650		1230										

Tue - 12/18/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GALAXY PIZZA (IW)	1 EACH	1	290	30	520	3.00	2.70	250.0	300	0.0	9	16.0	29.0	12.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			620	45	1036	5.47	3.46	477.2	12778	2.21	51	24.54	75.01	24.11	0.00
% of Calories											32.9%	15.8%	48.4%	35.0%	0.0%
Nutrient Guideline			600-650		1230										

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# Adelanto Child Nutrition

Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/19/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
RAISELS-FRUIT SPLASH	1 EACH	1	140	0	0	1.00	0.72	20.0	0	60.0	27	1.0	34.0	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MAYONNAISE: individual PC	1 EA	1	70	5	45	0.00	0.00	0.0	0	0.0	0	0.0	0.0	7.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			634	44	983	5.30	4.46	343.7	1141	72.21	54	28.14	91.18	17.22	0.00
% of Calories											34.2%	17.8%	57.5%	24.4%	0.0%
Nutrient Guideline			600-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/20/2018															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRILLED CHEESE/ WHOLE GRAI	1 EA	1	282	32	651	2.25	1.22	464.3	520	0.0	7	18.41	30.32	10.08	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CUCUMBER COINS	2 OZ	1	7	0	1	0.40	0.12	7.9	41	1.81	1	0.33	1.22	0.09	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			640	47	1437	2.65	1.35	672.2	1341	1.81	52	26.74	82.78	22.17	0.00
% of Calories											32.4%	16.7%	51.7%	31.2%	0.0%
Nutrient Guideline			600-650		1230										

Weighted Average			697	41	1076	7.27	3.49	497.0	5435	26.57	47	28.72	87.91	26.10	0.00
											60.1%	16.5%	50.4%	33.7%	0.0%

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Adelanto Child Nutrition

Dec 2, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
Calories	697		600 - 650		107%				47	Correction Required - Calories too High							
Cholesterol (mg)	41																
Sodium (mg)	1076		1230														
Fiber (g)	7.27																
Iron (mg)	3.49																
Calcium (mg)	497.0																
Vitamin A (IU)	5435																
Sugars (g)	47	26.72%															
Vitamin C (mg)	26.57																
Protein (g)	28.72	16.47%															
Carbohydrate (g)	87.91	50.43%															
Total Fat (g)	26.10	33.69%															
Trans Fat <sup>1</sup> (g)	0.00	0.00%															

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