

MESA LINDA MIDDLE SCHOOL ATHLETIC PACKET

To participate in sports, each student must do the following:

1. Complete the Student Athlete Physical form medical history and have a physician fill out and sign the physical part.
2. All forms must be completed and signed by the student's parent or legal guardian.
3. Students must meet the minimum requirements of a 2.0 cumulative grade point average and may have no more than one "F" to try out for, or remain on a team.
4. Students must not have any outstanding fines or fees for library books, textbooks, etc. (this includes past schools attended).
5. Good behavior must be met and maintained. A student who receives a suspension during the season will be removed from the team. All athletes must attend any behavioral consequences; failure to attend will result in missing one game.

MESA LINDA MIDDLE SCHOOL
PHYSICAL FORM (To Be Administered By Physician with Stamp)

Student Name: _____ Grade: _____

Height: _____ Weight: _____ Blood Pressure: _____ Pulse: _____

General Appearance: Good _____ Average _____ Less than Average _____

Stature: Slight _____ Medium _____ Heavy _____ Obese _____

Muscle tone: Good _____ Average _____ Poor _____

Back, shoulders, or extremity deformity? _____

If yes, restrictive? Yes _____ No _____

Ears: Evidence of past or present disease: No _____ Yes _____

Throat: Airway Unrestricted _____ Airway restricted _____

Chest Excursion: Good _____ Fair _____ Poor _____

Lungs: Clear _____ Abnormality _____

Heart: Tones normal _____ Function Murmur _____ Questionable Murmur _____

Hernia: No _____ Yes _____

Impression: Qualified for sports Yes _____ No _____

Qualified, but with the following restrictions/medications:

Physician's statement: I hereby certify that this student was examined by me and found to be physically fit to engage in sports.

Signature

Print Name

Date

Physician's Stamp Here

MESA LINDA MIDDLE SCHOOL

Informed Consent Sheet For All Sports

Warning to students and guardians: Serious, Catastrophic and perhaps Fatal Accidents May Result From Athletic Participation.

By its very nature, competitive athletics may put students in situations in which SERIOUS, ATASTROPHIC and perhaps, FATAL Accidents may occur. Many forms of athletic competition result in violent physical contact among players, the use of equipment, which may result in accidents, strenuous physical exertion, and numerous other exposures to risk and injury. Students and parents must address the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation by middle school students also may be inherently dangerous. The obligation of the guardian and student in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other serious permanent physical impairment as a result of athletic competition.

By granting permission for your son/daughter to participate in athletic competition, you, the guardian, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper use and techniques. If any of the foregoing is not completely understood, please contact your principal for further information.

THIS WILL ACKNOWLEDGE THAT WE HAVE READ AND THAT WE UNDERSTAND THE MATERIAL CONTAINED IN THE NOTICE TO ATHLETES AND GUARDIANS.

Student Name Print

Grade

Student's Signature

Date

Guardian Signature

Date

AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

The undersigned, legal guardian of _____, a minor, hereby authorizes the principal or designee, into whose care the aforementioned minor pupil has been entrusted, to consent to any X-Ray examination, anesthetic, medical or surgical diagnosis, treatment, and/or hospital care to be rendered to said minor upon the advice of any licensed physician and/or dentist. This authorization is given by provisions of Section 25.8 of the California Civil Code, and shall remain effective for the full school year unless revoked in writing and delivered to said agent(s). I understand that the Adelanto School District, its officers, and its employees assume no liability of any nature in relation to the transportation of the said minor. I further understand that all costs of paramedic transportation, hospitalization, and any examination, X-Ray, or treatment provided in relation to this authorization shall be done by the undersigned.

Doctor/Hospital _____ Best Phone Number To Be Reached _____

Insurance Company Name _____ Policy and Group Number _____

Medication/Allergies _____

Other Medications Taken Regularly _____

MESA LINDA MS STUDENT-ATHLETE AND GUARDIAN AGREEMENT

1. Parent Responsibilities: Realize your importance to the team. Parents are important to the success of a team. Understand that your child and the coach will need your support throughout the season. Parents of our student-athletes are also representatives of our school. So please set a good example for your child by demonstrating the highest standards of sportsmanship at all times.
2. Criticizing of the officials, coaches, players, or opponents will not be tolerated. Realize that this is a youth sport and everyone will make mistakes, even the referees. Watch, cheer, and support the efforts of all players on the floor. Keep all comments positive and encouraging. Negative comments about any player, coach, official, or fan will not be tolerated. If deemed necessary you and your student athlete will be removed.
3. Always allow the coach to coach. Please do not coach from the stands as it only confuses the players on the court or field of participation. Always support the coach when talking in front of your child or other players so as not to undermine the coaches' decisions or authority.
4. Practice times are very important for the development of skills and teamwork. No player should miss a scheduled practice, except for sickness or not attending school that day without prior notice to the coach in person.
5. Playing time is a decision solely for the coach or coaches. Playing time is based on the coaches' perception and has a multitude of reasons that may include ability, attitude, attendance, and game situation. Guardians with questions concerning level of participation should always schedule a meeting with the coach versus before, during or after contact of contest.
6. All athletes must maintain an overall C average in core classes AND no more than one F. Any player whose grades do not meet the above criteria will be suspended from game play for the first week with full participation in practice. If the students' grades have not improved the next level would be removal from both competition and practices for the week. If the students' grades have still not met the requirement the student may be removed from competition and with the team for the season.
7. All MLMS uniforms are the property of the school and must be treated in the appropriate fashion. All uniforms must be returned washed at the end of the season. Any player who does not return his/her uniform will be responsible for the costs of said uniform. In addition, parents are also responsible for damaged or lost uniforms. Uniforms should be returned and accounts settles within 2 weeks of the last competition.
8. Playing for the MLMS team is a privilege and not a guaranteed right of our students. Any player whose actions are deemed by the coach or Athletic Director as detrimental to the team or as portraying a poor school image will be removed. A player may be either suspended briefly or permanently removed from the team, depending upon the athletes' actions and past performances. A suspension from all athletic teams is also a possibility depending upon the situation. When a suspension is pending, the Athletic Director will notify the guardians.
9. Parents are responsible for picking up their child/children immediately after all practices and getting the student-athletes to and from completions. Coaches are not allowed to give riders per district mandate.

The purpose of this contract is to ensure the student-athletes have a positive, safe learning/playing environment. Please sign below with your student-athlete that you have both read and understand the responsibilities above. This must be signed by both as a condition of your child's participation in interscholastic sports at Mesa Linda Middle School.

Student-Athlete Signature

Guardian Signature

Date